



Summer 2020 – Issue #3

Back to  
School...  
Be excited!

Shine  
like a  
star  
'cos  
you are



@tweenholiday

Hey you all,

WOW! WOW! WOW! Where has the summer gone? It seems just like a few weeks ago (and it was) when we launched Issue 1! ☺

We are excited to bring this final summer issue to you just as we all head back to school.

*But first some fantastic news!*

*Issue 2 our party edition recorded 12,000+ post engagements (likes, support, hearts) on social media. Our facebook fam keep topping the charts with 10,000 unique engagements.*

*Pls like us (with parental consent) on Instagram & Facebook @tweenholiday  
Thank YOU ALL!*

Our amazing tween writers are heading back to school, so our next issue will be during the half-term. In the meantime we're eager to stay connected with you and hear from you. Send us an email.

[tweenholiday@sapphiregroup.uk](mailto:tweenholiday@sapphiregroup.uk)

Have a fantastic start to your new school year!

Caritas! x



# Tween Holiday

SUMMER TIMES #3

In this issue



- Celebrate **Chadwick Boseman**: a man who brought a different view of who a superhero is to our screens.

ONL 2CL6GU2'

- Round off our Story Cookoff challenge with **banana bread**.

paugus plegq'



- Get some tips to stay confident for the new school year. You will succeed!



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School time is here after a long summer holiday. For many people moving on to a new class or school, this change can make you worried.

Also, if you are physically returning to study at school after months of staying at home, you may feel a bit anxious.

*Here are some tips to help you get ready for school.*



## School time

By Zizi

1. Be confident to make new friends in your new class. Remember your other classmates may be nervous too and would appreciate a gesture of friendship.
2. Smiling will make you feel less gloomy and people won't be scared of you.
3. Being organised and knowing when and how you do things will help a lot. Make a timetable and use it.
4. Going with a friend (or sibling) to school can help get rid of nerves. You can catch up with a friend at the gates and walk to class together.
5. Knowing your class, who your teacher is and a few classmates before school starts, is a good thing.

We hope this will help you in prepping for school. Go on and SUCCEED!





## Important times in History

### The Magna Carta

By Cam Cam

Courtesy National Gallery of Art, Washington, D.C., Rosenwald Collection, 1980.45.28

History is a really important subject because it helps us learn about things in the past and how they shaped the future. So here is an important event in British history.

Hope you enjoy 😊.

### Picture this...

It is the year 1214. King John is ruling over England, the only person above him is the Pope - so he has to listen to his advice - but all the common people have to obey King John.

He has such authority that he decides who the rich and powerful people would marry, and no one could disagree.

He had private royal forests all for himself. People could be fined huge sums and even blinded if they hunted in the forest! 😞

*King John is broke and starts making people pay him more money.*

The most common language among the nobility (the extremely rich people) is French - as King John ruled over half of France.

However, he has lost these places through wars and is desperate to win them back. The wars have left him out of money and he returns to England in shame and without a penny to spare.

So what does he do? He makes everyone pay him more money.





## The Magna Carta

The barons start rebelling against King John. They take over the city of London and the king is forced to meet with them near Windsor and discuss peace terms.

It is now June 15<sup>th</sup>, 1215.

These are some of the terms put to the king:

You must pay back all hostages

You have to give back all castles to people you have had them wrongly taken from

You shall give back all royal forests you have created

And no man will have any force held against them unless a trial has been held by a jury to decide.

The king agreed to the terms as he could do nothing else. The king's clerk copied it down in Latin and these were distributed throughout the kingdom.

It is known as the **Magna Carta** which means 'Great Charter'.

This was the first-time royalty was made to follow a set of rules.

Now, no one in Britain is above the law.

The **Magna Carta** is significant because it laid the foundation for the British Parliament. It inspires lots of other countries throughout the world and is thought to be the beginning of modern law.



Animals such as panda bears, tigers, Asian elephants, orangutans, and more, are endangered species.

Endangered (for people who don't know) means there are not many species left in wild and the species may die out.

Scientists think they are endangered because of human activity such as littering, cutting down trees, etc.

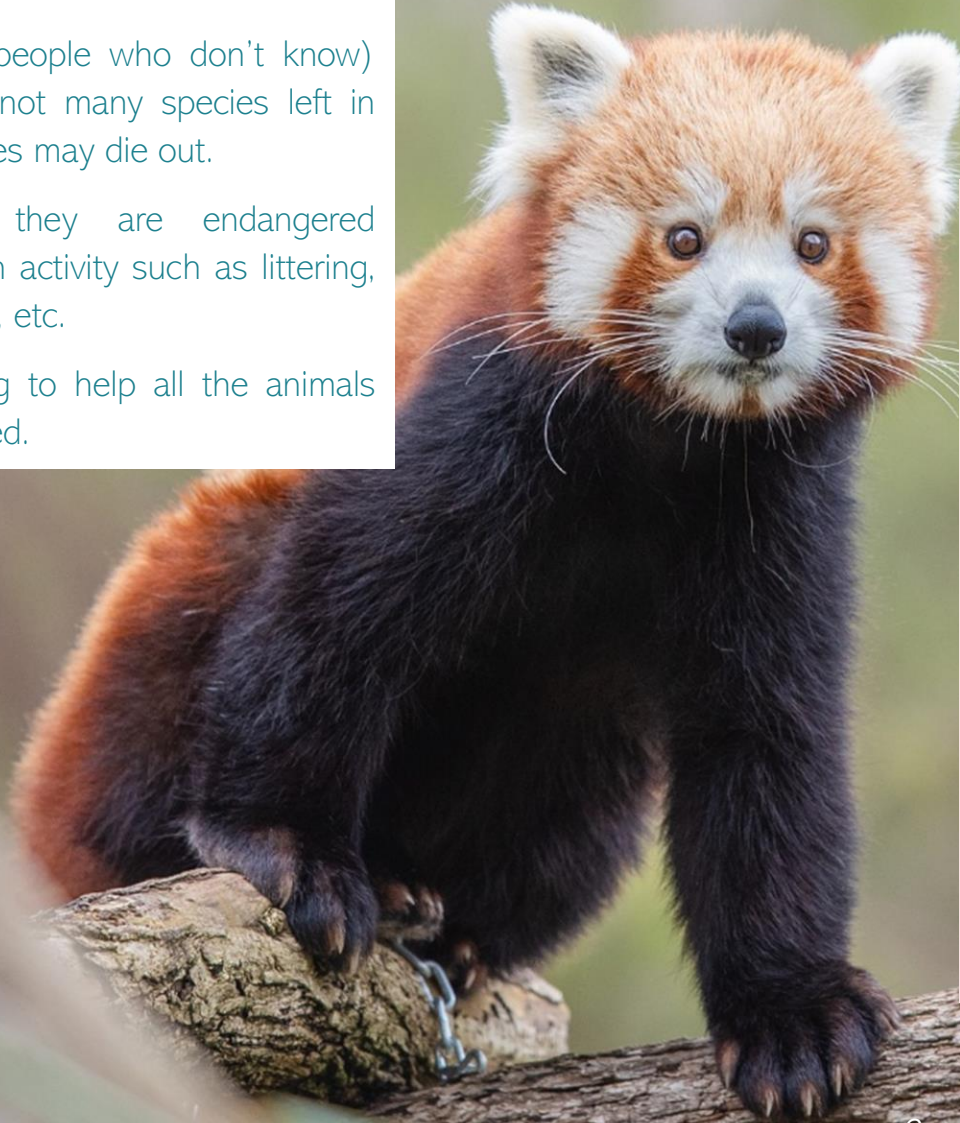
Humans are trying to help all the animals that are endangered.

# Endangered animals

Written by Zizi

Here are some ways to help:

1. Find out about endangered animals around your area.
2. You can make things such as bird houses and bug houses.
3. You can plant outdoor flowers, vegetables and trees.
4. Reducing the amount of fertilizer you use in your garden, will help fishes and amphibians.
5. Reducing the amount of water you use in your home will help animal survival.
6. Driving around in your car less, can help animals inhale less smoke.





Make sure you stay hydrated during school time.

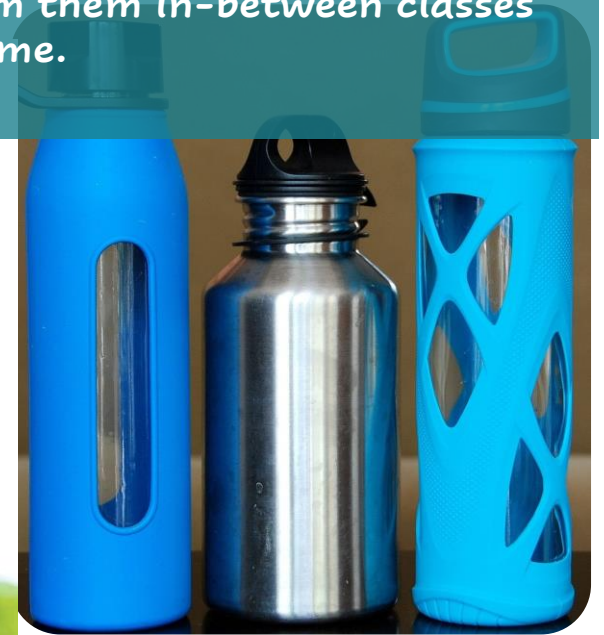
Drinking sufficient amounts of water, helps you focus during study.

It also aids oxygen circulation in your body which gives you more energy.

Take water bottles with you to school.

They become handy when you start feeling thirsty.

You can drink from them in-between classes or during break time.



## Taking care of me

*Stay hydrated – quick tips*

You can cut slices of lemon and put them into a jug of water. Then fill up your bottle with the water. The lemon juice infuses into the water and provides you with an additional boost of vitamin C.



# Taking care of me

Clean Hands

Count to 20 while you wash your hands

We all know by now, that it is important to keep our hands clean, to prevent germs from getting into our bodies.



Wash your hands with soap.

1

Use hand sanitisers when you are not able to wash your hands.

2

Carry and use tissues. Cough and sneeze into tissues and bin them.

3

Don't touch dirty surfaces. Keep your hands in your pockets ☺

4

Wear gloves if you handle unclean surfaces or things that are not yours.

5







## ROLE MODEL

**Chadwick  
Boseman**

**Chadwick Boseman is our celebrated role model in this issue.**

He was the superhero in the Marvel Comic series and movie: Black Panther.

The movie was the first by Marvel (the famous creators of Superman, Batman, Spiderman, Wonder Woman, etc) featuring a superhero of African descent and set in an African kingdom.

The movie was incredibly successful as soon as it was launched.

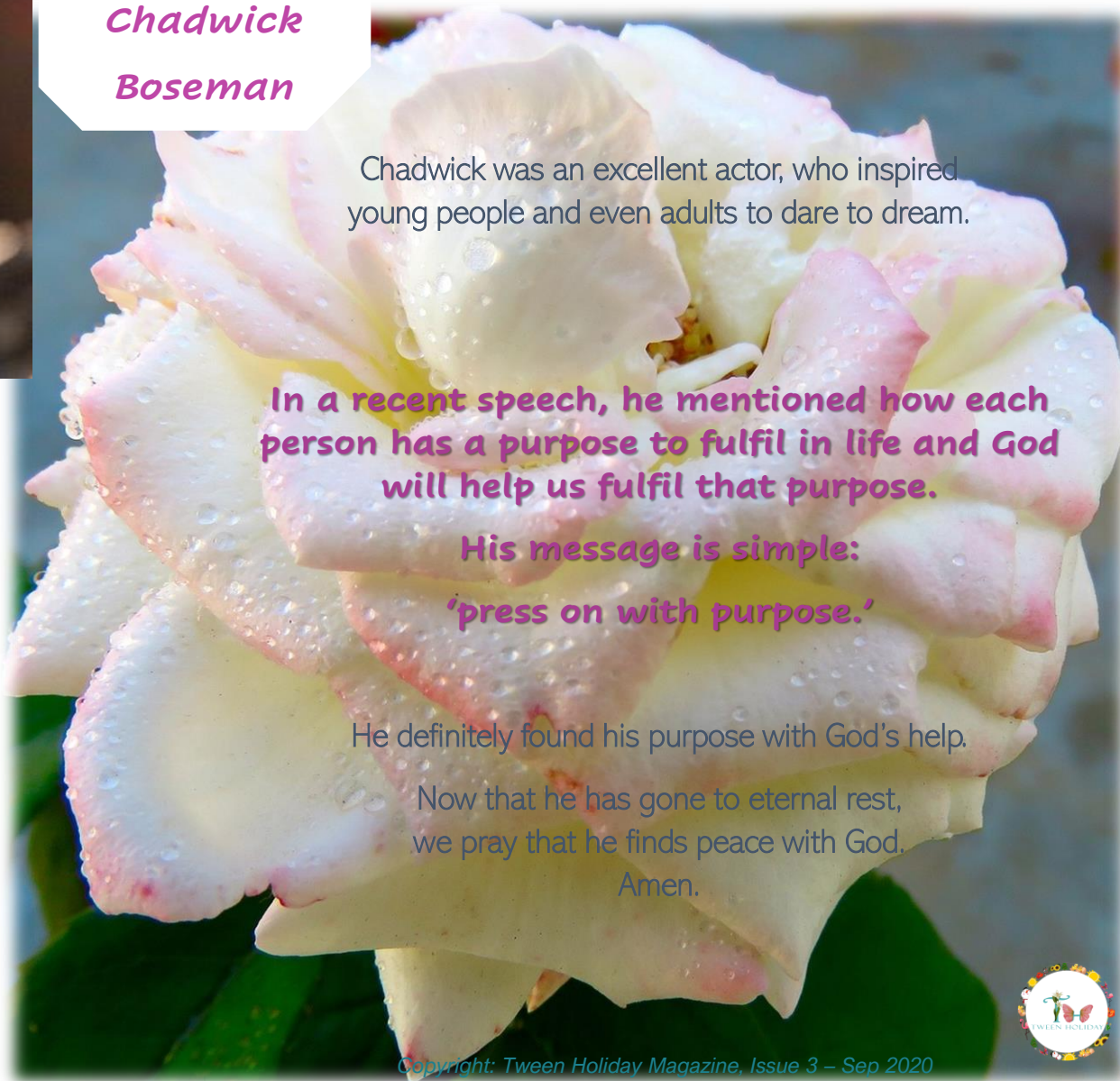
Chadwick was an excellent actor, who inspired young people and even adults to dare to dream.

**In a recent speech, he mentioned how each person has a purpose to fulfil in life and God will help us fulfil that purpose.**

**His message is simple:  
'press on with purpose.'**

He definitely found his purpose with God's help.

Now that he has gone to eternal rest, we pray that he finds peace with God.  
Amen.



# Blockchain & Bitcoin

## New tech talk

Have you heard people talking about blockchain? Well, maybe not.

It sounds like a bit of geeky talk, like when people say Artificial Intelligence or AI.

Humph?!

“What is all this mysterious language?” you may wonder.

Well, blockchain is a type of new technology that people who are building it, claim will replace the internet.

Yes! Sounds wacky right?

But before we believe or dismiss all that, let us look at some facts.



Blockchain was created in 2009 by a mysterious person called Satoshi Nakamoto.

It was created as a response to the financial crises of 2008.

The intention was to use technology to form a new type of currency that did not rely on major banks.

A software was created for the blockchain where people can directly exchange this new form of digital money.

The new digital money was called Bitcoin.

The demand for Bitcoin has gone through the roof, so that from its initial price in pennies in 2009, it now costs about £8,000 to buy one Bitcoin!

Bitcoin is not actually a physical coin.  
It's a digital currency.

A form of electronic money.

Other forms of electronic money have been created.

Only time will tell whether or not we will soon be able to pay for goods in Bitcoin.

It is unlikely to replace normal currency e.g. Pound Sterling.





STORY COOKS  SERIES



*Linda Unugboke*



## Story Cook Off Challenge

We are pleased to have the chance to do one more story cook off challenge for our summer edition.

Yay!

Join us in baking bountiful banana bread.

The idea for the challenge is inspired by the (soon to be released) book by our editor-in-chief, Linda Unugboke.

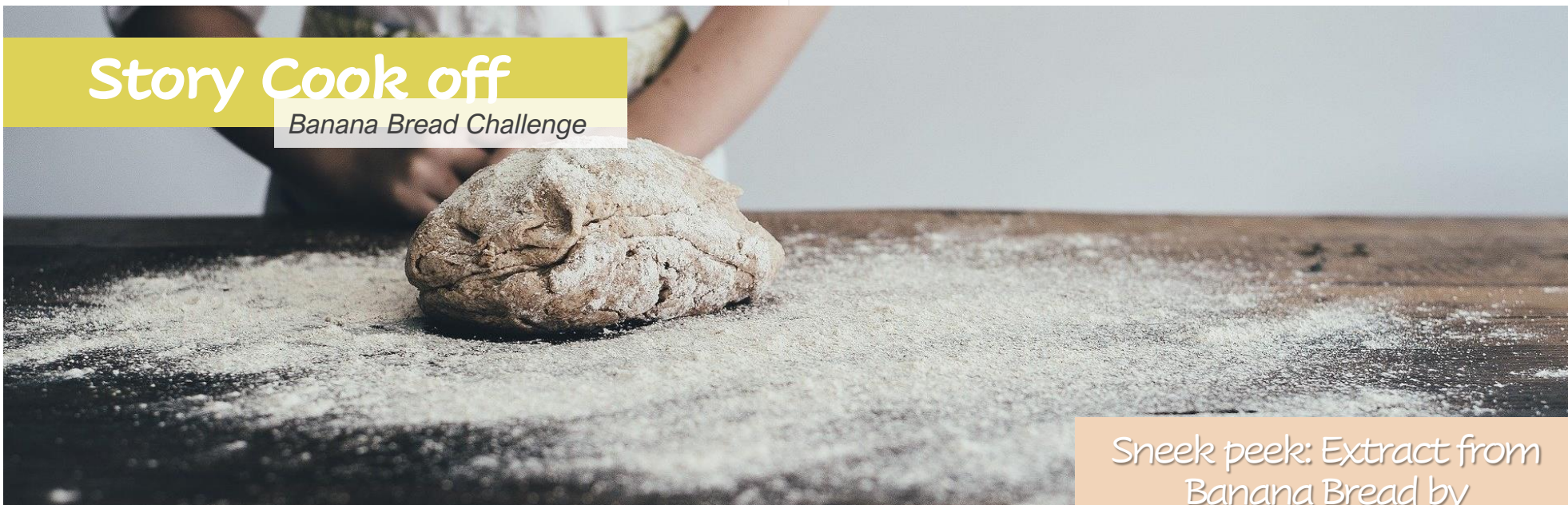
Have fun with this challenge.

It's yummy!



# Story Cook off

## Banana Bread Challenge



Sneek peek: Extract from  
Banana Bread by  
Linda Unugboke

Remember to use a recipe that works for you!

Share and tag photos from your banana bread challenge with us: @tweenholiday on Facebook or Instagram or email us [tweenholiday@sapphiregroup.uk](mailto:tweenholiday@sapphiregroup.uk)

Bessie poured out a batch of bread flour in a bowl.

Blended butter and beat eggs.

Broke bits of banana.

Made bouncy batter from the flour, butter, eggs and banana.

Basked the batter in the bowl and watched it boom.

Baked the batter in a baking tin.

Before long, the bountiful banana bread was beautifully baked and ready to eat.





Succeeding in anything is a 3-step process.

For example, you want to learn a new dance move.

First you have to **believe** that it is possible to do.

The **next thing that comes after believing is achieve.**

So, once you have believed in something the next thing to do is achieve it,

When you learn how to do it, it means you have achieved. This may take a lot of practice.



**The final step is succeeding.**

To succeed is to excel.

When someone tells you to do your dance move, you are able to perform it without having to put your mind to it and people will be amazed about what you can do.



Here at Tween Holiday we talk about reading and writing, and present authors.

In the last issue we talked about A.A MILNE and his poem "Sneezles."

This is another amazing poem from A.A Milne I like how he actually named the raindrops instead of saying raindrop 1 and raindrop 2.

He also makes it as seem as if there are obstacles in the race.

The poem reminded me of the story, The Hare and The Tortoise. How the Hare thought it was going to win but the Tortoise won.

If you have any amazing poems, you would like to share then contact us on Facebook or Instagram [@TweenHoliday](https://www.instagram.com/TweenHoliday)

## WAITING AT THE WINDOW

These are my two drops of rain  
Waiting on the window-pane.

I am waiting here to see  
Which the winning one will be.

Both of them have different  
names.  
One is John and one is James.

All the best and all the worst  
Comes from which of them is  
first.

James has just begun to ooze.  
He's the one I want to lose.

John is waiting to begin.  
He's the one I want to win.

James is going slowly on.

Something sort of sticks to John.

John is moving off at last.  
James is going pretty fast.

John is rushing down the pane.  
James is going slow again.

James has met a sort of smear.  
John is getting very near.

Is he going fast enough?  
(James has found a piece of  
fluff.)

John has quickly hurried by.  
(James was talking to a fly.)

John is there, and John has won!  
Look! I told you! Here's the sun!





*Have a go! Write a poem.*

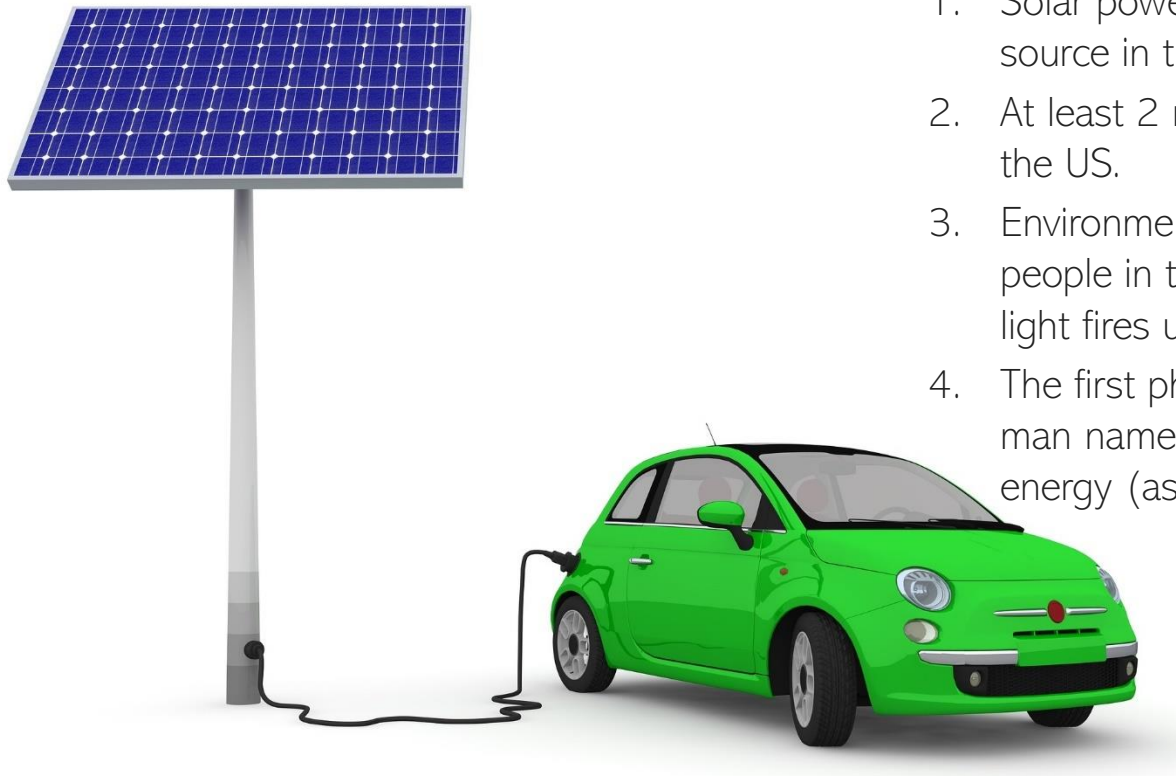


What thoughts  
does this picture  
inspire?  
Write them down.



# Solar Power

by Zizi



Solar is getting increasingly famous.

In hot weather like summer, it can be an advantage.

It helps reduce climate change and instead of using carbon dioxide (co<sub>2</sub>) it uses power from the sun.

Here are some facts about it:

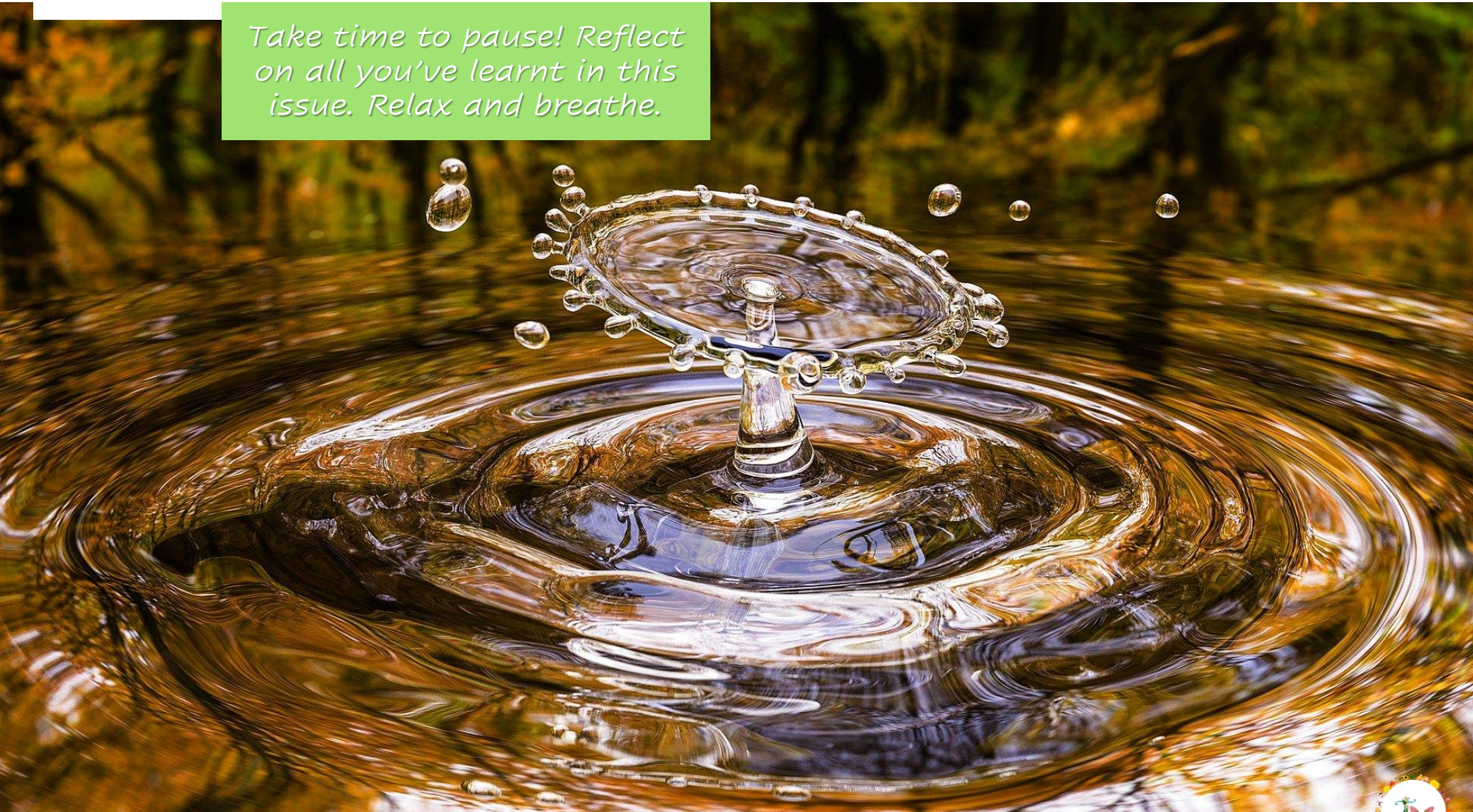
1. Solar power is the most abundant and cheap power source in the world.
2. At least 2 million solar power mirrors have been used in the US.
3. Environmentally friendly solar power was used by people in the 7<sup>th</sup> century BC as they used sunlight to light fires using magnifying glass materials.
4. The first photovoltaic cell was invented in 1954 by a man named A.E Becquerel. It is a really good source of energy (as long as the sun is shining).





# Reflection Time

*Take time to pause! Reflect on all you've learnt in this issue. Relax and breathe.*





# Weird & Wacky Facts!

On the planet Venus,  
it snows metal.



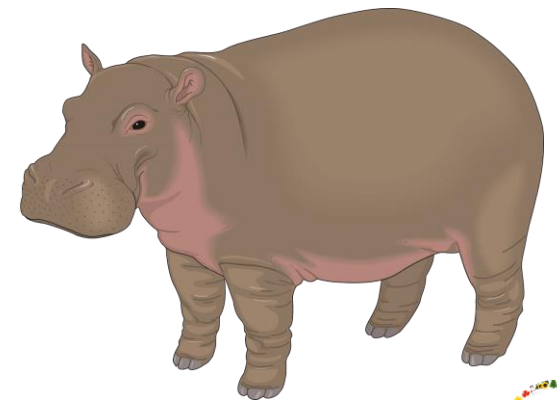
Cows can walk  
upstairs, but not  
down.



Some fish can cough.



Hippopotamus milk  
is pink.



Goats have  
rectangular pupils  
in their eyes.





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Thanks for reading  
this issue! x



We hope you have a good time  
settling back into school.

Our next magazine will be during the  
half term at the end of October.

Remember:

Be Confident!

Keep clean hands!

Stay hydrated!

Make new friends!

You will succeed! 😊😊😊





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