

Lent & Faster

CHILDREN'S DEVOTIONAL

WRITTEN BY
Linda Unughoke



As the title, so is this book dedicated to The Lamb of God.

INTRODUCTION

Dear Child,

Jesus Christ is The LAMB of God Who takes away the sins of the world.

He came into this world, because He loves you.

He died on the Cross to free **you** from sin.

He rose from the dead to give **you** a new life with Him.

The Lamb's Love Letters

His love for **you** will never come to an end.

During these days of Lent and Easter, read
this devotional as The Lamb's Love Letters.

And reflect on God's marvellous love for

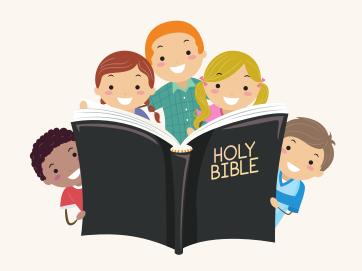
you!

And all that is yours.

He has promised, never to leave you or



BEFORE WE BEGIN LENT, LET US PRAY



Open our hearts o God

Luke 24:32

They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?



Reflection

To have a burning heart for God's Word, means that we long to learn more about Jesus.

This is what two of Jesus' disciples experienced when Jesus appeared to them and explained the Bible (Scriptures) to them. As we begin Lent

let us ask God to open our hearts to know Him.



Come Holy Spirit

The Spirit of God teaches us to pray.

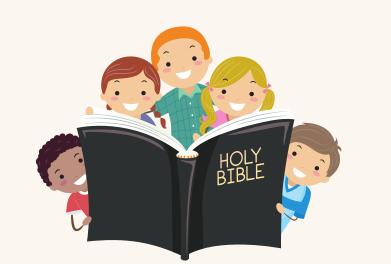
So we start every prayer by saying, Come Holy Spirit.

Today, we ask for the grace to open our hearts to know

Jesus through His Word and to love Him more and more.

Amen.

DAY 1. ASH WEDNESDAY



Forgive us, Lord!

Luke 11:4

And forgive us our sins,

for we ourselves forgive everyone indebted to us. And do not bring us to the time of trial.





Today, Ash Wednesday, is the start of Lent.
Lent is a time, when we come with childlike
trust to our Heavenly Father, and to our
merciful Saviour as we remember their selfless
act of love to save us from sin and deliver us
from evil.

Today, ask God to forgive you for your sins.
And also forgive those who have offended you.



Lord Jesus, forgive me for all the ways that I have offended you and hurt others. For when I have been disobedient, selfish or uncaring.

I ask for Your mercy and grace to live a new life with You. Give me grace also Lord, to forgive all those who have done me wrong. Amen.

DAY 2. THURSDAY AFTER ASH



Take me deeper, Lord!

Luke 9:25

What does it profit them if they gain the whole world, but lose or forfeit themselves?

Reflection



I remember as a child going through catechism classes, hearing these words for the first time. They stayed with me and have since never left my heart.

Today, the Lord presents us again with these words. What do they mean to you?

God wants you to avoid desires in this world that would make you turn away from Him.

Ask Him to be your deepest heart's desire.

Come Holy Spirit

Lord Jesus, now is the acceptable time for me to make a new commitment to live Your Word as the anchor for my life.

Today, I stop to reflect, to ponder, to wonder, and to find refreshing from the springs of Your glory. Help me Lord, to live a life of grace. Take me deeper into Your love. Amen.

DAY 3. FRIDAY AFTER ASH



Isaiah 58:6-7

HOLY

Is not this the fast that I choose...
to share your bread with the hungry,
and bring the homeless poor into your house;
when you see the naked, to cover them.

Reflection

The Lord's words today help us understand the heart of our Heavenly Father. What God wants from us is to serve one another, especially the poor in our society. Pope Francis calls, 'the globalisation of indifference', the tendency we have to avoid helping others in need and think only of ourselves.

Come Holy Spirit

Lord Jesus, I REPENT. I hear Your call to me, to come back to You. And I say "yes", Lord. I come back to You with all my heart. Lord, I want to do Your Will.

To have a heart and eyes that are open, to see the needs of others around me; so that I can reach out to them. Amen.

DAY 4. SATURDAY AFTER ASH



Luke 5:32

I have come to call not the righteous but sinners to repentance.

Reflection



This is the good news of the Gospel, to hope to see God's goodness in this life and to live forever with Him when our earthly life is over. Isaiah tells us that if we turn away from doing evil and turn to the Lord's ways, then the LORD will guide us always.

In the same way, Christ gives us great hope as His love reaches out to all, especially those who are in most need of His mercy.



Come Holy Spirit

God, You are awesome! Today I rejoice and hope in Your mercy and saving light. I trust that as I turn again to You, as the great physician, You will heal me (and mine), and fill us with all the graces we need to live a life that is renewed in Your love and worthy of Your promises. Amen!

DAY 5. 1ST SUNDAY OF LENT



Mark 1:12-13

And the Spirit immediately drove him (Jesus) out into the wilderness.

He was in the wilderness forty days.

Reflection



Our Lord Jesus surrendered to the Holy Spirit during His life on earth. Today, we read that the Spirit drove Jesus out into the wilderness. In the same way, we read that when Jesus started His ministry, He was anointed by the Holy Spirit and Power.

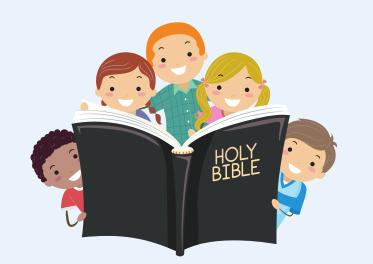
This shows us that as children of the Living God, we also must surrender to the Holy Spirit to grow a loving relationship with Him.



Come Holy Spirit

Today, Lord Jesus, I ask for the grace to fall in love with the Holy Spirit all over again. Baptise me Lord, with the Holy Spirit and with fire. Fill my heart afresh with a new love for His Presence in my life. I surrender completely to You Holy Spirit. Amen.

DAY 6. MONDAY, 1ST WEEK OF LENT



You did it to me

Matthew 25:40

And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.'



Reflection

Jesus spoke these words to His disciples to show how He would come again at the end of time to judge the world. His desire is for us to take care of the least of his brothers and sisters. He wants us to have a heart that ponders on His promises, which He would surely fulfil. Let us ask Him for a new heart.



Come Holy Spirit

I ask You Lord for a changed heart. A changed heart to:

Give food to the hungry. Give drink to the thirsty.

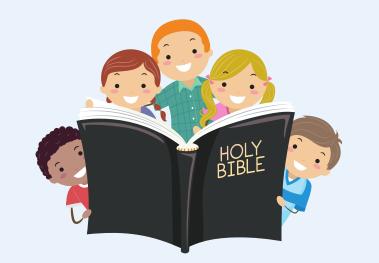
Welcome the stranger. Clothe the naked.

Visit the sick. Be kind to the lonely.

Please help me start today Lord, with the person nearest me. Amen.



DAY 7. TUESDAY, 1ST WEEK OF LENT



Hallowed be Thy Name

Matthew 6:9

Pray then in this way:

Our Father in heaven, hallowed be your name.



Reflection

Our Heavenly Father is the Creator of Heaven and Earth, and everything within. He is allpowerful and yet, He is kind, merciful, gracious, and full of compassion.

Today, Jesus teaches us that when we pray to the Father, we should say "hallowed be your name." This means that the Name of God is the highest authority over everything else.

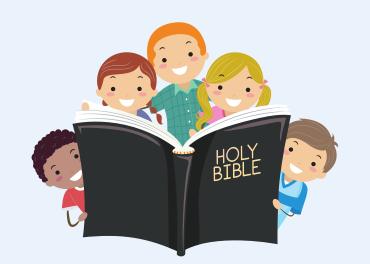


Come Holy Spirit

Lord Jesus, thank You for teaching me to pray. I have the courage to call God, my Father, because of You. Father in Heaven, hallowed be Your Name. I love and adore You and pray for Your Kingdom to come and Your will to be done on earth as it is in Heaven. In Jesus Name. Amen.

To The LAMB. Lent & Easter Devotional.

DAY 8. WEDNESDAY, 1ST WEEK OF LENT



The sign of Jonah

Jonah 3:5,10

And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.



Reflection

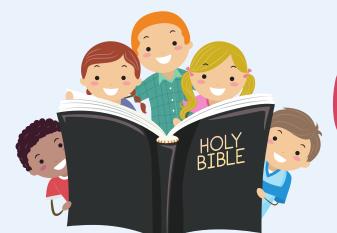
The prophet Jonah was sent by God to the people of Nineveh to call them to repentance. These people lived in disobedience to God. Jonah fled from answering God's call and was swallowed by a whale before he repented and obeyed. Once Jonah preached to the Ninevites, they opened their hearts to receive God's word and they changed their lifestyle.



Come Holy Spirit

Lord Jesus, give us the grace to answer your call. We ask for the grace to repent, with true sorrow for our sins, and with a firm resolution to sin no more. Fill us with Your Holy Spirit and with power as we continue our Lenten journey with You. Let us be filled with fresh joy each day. Amen.

DAY 9. THURSDAY, 1ST WEEK OF LENT



God delights in our good

Jonah 4:2

For I knew that you are a gracious God and merciful, slow to anger, and abounding in steadfast love, and ready to relent from punishing.



Reflection

The prophet Jonah was amazed at the mercy God showed to the people of Nineveh. God's mercy was so great that it made Jonah, angry! God is a merciful Father Who loves to be good to us and delights in doing good to us. Yes, He is kind and loving and we can always trust that His mercy will never fail us.



Come Holy Spirit

Eternal Father, I offer You the Body and the Blood, Soul and Divinity of Your dearly Beloved Son, our LORD Jesus Christ; in atonement for our sins and those of the whole world.

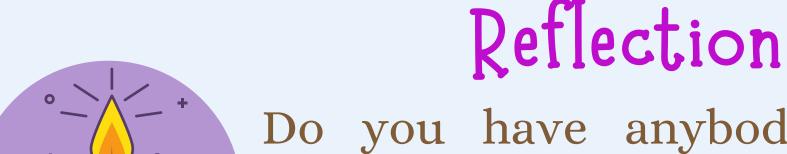
For the sake of His sorrowful Passion, have mercy on us and on the whole world. Amen.

DAY 10. FRIDAY, 1ST WEEK OF LENT



Matthew 5:24

First be reconciled to your brother or sister, and then come and offer your gift.





Do you have anybody that annoys you? Perhaps there is someone, maybe a brother or sister, friend or classmate of yours that gets on your nerves, constantly. Today, God is asking you to forgive that person and not hold a grudge against them. When we forgive others, God is quick to forgive us too.

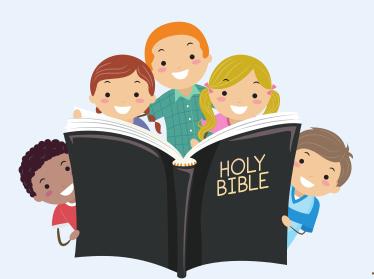


Come Holy Spirit

Lord Jesus, I need Your grace to forgive (say *the person's name*). I choose to obey You and let go of any anger or grudge that I have towards them. Give us the grace to be on good terms and stay in

peace with each other and You. Amen.

DAY 11. SATURDAY, 1ST WEEK OF LENT



Be perfect

Matthew 5:48

Be perfect, therefore, as your heavenly Father is perfect.





You may hear these words and feel like it is very hard to be perfect. But this instruction of Jesus means that in every aspect of your life, and in every situation, you should try to do what God would do. And if you're drawn to do something else that is wrong, just remind yourself that this isn't the path that will get you to Heaven.



Come Holy Spirit

Heavenly Father, I want to be perfect like You are. I sometimes struggle Lord to do the right thing. Especially when I want to have my own way. Give me the gift of loving You with all my heart, so that I will always resist the thought of offending You. Amen.

DAY 12. 2ND SUNDAY OF LENT



Mark 9:7

Then a cloud overshadowed them, and from the cloud there came a voice, "This is my Son, the Beloved; listen to him!"

Reflection

God wants us to have a relationship with Jesus, where we learn to hear His voice.

Yes, God actually speaks to people, even to you. He speaks to you through dreams as you sleep; through other people's good advice and more importantly, through His Word - the Bible. When we hear God words, He wants us to obey and put them into practice.



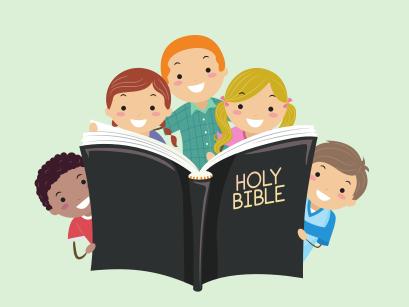
Come Holy Spirit

Dear Lord Jesus, I am amazed that You speak to me. So I can also get to know You just like Your disciples did when You lived on earth.

Today, I decide to listen to Your voice. Teach me every day to hear You and to do Your will. Amen.



DAY 13. MONDAY, 2ND WEEK OF LENT



Be generous

Luke 6:37-38

Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over.

Reflection



The three practices that go with our Lenten repentance, are Prayer, Fasting, Almsgiving. In prayer, we enter in God's presence, getting to know Him more. Fasting allows us to give something up so that we deny ourselves the earthly pleasures that often weigh down our souls. By almsgiving, we become more aware of the needs of those around us.



Come Holy Spirit

Lord Jesus thank You for calling me to be generous. Teach me Lord how to share what I have with others. Thank You for helping me know that as I look after the needs of others, You too in Your bounty will care for my needs. So today, I pray for all those in need, let Your channels of grace provide for them all. Amen.

DAY 14. TUESDAY, 2ND WEEK OF LENT



Isaiah 1:18

Come now, let us discuss, says the Lord: though your sins are like scarlet, they shall be like snow; though they are red like crimson, they shall become like wool.

Reflection

What an amazing God we have! Pause and think on the love of God for you. How He is promising you that no matter what sins you have committed, He is willing to forgive you. Let this promise change your heart and convince you that the Lord can reach you, no matter how far away from Him you fall.



HOLY

Come Holy Spirit

Lord Jesus wash me clean again in Your Precious / Blood. Increase Your Presence and Holy Spirit within me. Reconcile me again with the Father as You are my Eternal High Priest. May I accept You always as my Lord and Saviour and show Your unfailing love to those around me in need of Your mercy. Amen.

DAY 15. WEDNESDAY, 2ND WEEK OF LENT



Called to serve

Matthew 20:26, 28

Whoever wishes to be great among you must be your servant, just as the Son of Man came not to be served but to serve, and to give his life a ransom for many.

Reflection



Our world today puts a lot of regard on riches and power. The strong are exalted, the weak are rejected. This was the same even in the days of Jesus on earth. In contrast, Jesus presents us with a different lifestyle and set of ideals. He challenges our thinking and presents us with His own model, as Lord and Master: a life of service and sacrifice. It is a call to be humble and live simply.

Come Holy Spirit

Dear Lord Jesus, today I ask for Your grace to serve. Give me Your heart o Lord. Let me see and serve others humbly, steadfastly, cheerfully, and faithfully. Help me serve people with a smile on my face. Let me bring the joy and love of God to them, so that the Light of Your glory may shine through me. Amen.

DAY 16. THURSDAY, 2ND WEEK OF LENT



Lazarus and the rich man

Matthew 16:19-21

There was a rich man who was dressed in purple and fine linen and who feasted sumptuously every day.

And at his gate lay a poor man named Lazarus, covered with sores, who longed to satisfy his hunger with what fell from the rich man's table.

Reflection



You may read this story and think, "how can this rich man be so unkind to Lazarus?" He even knew Lazarus closely, by name. This is a reminder of how easy it is, to miss attending to the needs of those whom we know well. St Teresa of Calcutta says, "Never worry about numbers. Help one person at a time and always start with the person nearest you."

Come Holy Spirit

Lord Jesus, I want to apply Your lesson from this parable in a very real way in my everyday life. Show me whom I need to help each day. Sow Your word in my heart and let it grow to generously yield a harvest through love and kindness to others. Amen.

DAY 17. FRIDAY, 2ND WEEK OF LENT



Matthew 21:42

Jesus said to them,

'The stone that the builders rejected has become the cornerstone; this was the Lord's doing, and it is amazing in our eyes'?

Reflection



The reading today shows us how Jesus (the cornerstone) was rejected and crucified.

Jesus is speaking to us and telling us today:

To repent from rebellion and return to our Heavenly Father.

Be consoled if you are experiencing rejection from others.

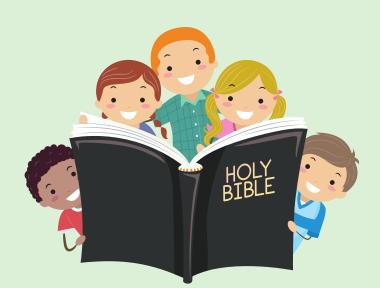
Accept Christ as your cornerstone and know that He always has a place for you in His heart.



Come Holy Spirit

Dear Lord Jesus, today my heart cries out to You for mercy. Lord, I am sorry for the times that I have rejected You and rejected others. Please forgive me. I also pray for those who are suffering rejection of any kind especially for their faith in You. Come to their aid and bring them Your consolation and victory. Amen.

DAY 18. SATURDAY, 2ND WEEK OF LENT



Celebrate and rejoice

Luke 15:32

But we had to celebrate and rejoice, because this brother of yours was dead and has come to life; he was lost and has been found.

Reflection



These famous words from the father in the parable of the 'prodigal son' to 'celebrate and rejoice' because his son has come back home, show the heart of your Heavenly Father. That He is most tender, most loving, most faithful! Always welcoming you, His child, home.

Psalm 103 says, "He pardons all your wrongdoings. He will not always accuse, nor does he keep his anger forever."



Come Holy Spirit

Heavenly Father, what lavish love You have for me. I celebrate and rejoice! My heart is full of gratitude, thanks and praise. I love You Eternal Father, Lord of Heaven and Earth. I bless You for the gift of Your Son_ Jesus to me and for the Holy Spirit. May I serve You all my days as Your faithful child. Amen.

To The LAMB. Lent & Easter Devotional

DAY 19. 3RD SUNDAY OF LENT



1 Corinthians 1:23-25

But we proclaim Christ crucified...

Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reflection



HOLY

Yes, Jesus Christ is truly God and truly man. This is the mystery of Christ we proclaim.

Christ, the Word of God made flesh, Who was crucified, died, buried, resurrected, ascended into Heaven. He Who now reigns at the Right Hand of The Father, Who would come again to judge the living and the dead. Our God made manifest to us in the person of Christ Jesus is truly All Powerful and the Eternal Wisdom.

Come Holy Spirit

All powerful God, all knowing God, I acknowledge Your Power and Wisdom. Take absolute control of my life.

In my family may You reign. In my life may You reign.

In my family may You reign

In my family may You reign.

In Your Church and in Your world may You reign. Jesus, Lord reign forever more. Amen.

To The LAMB. Lent & Easter Devotional.

DAY 20. MONDAY, 3RD WEEK OF LENT



Psalm 42:1

As a deer longs for flowing streams, so my soul longs for you, O God.

Reflection

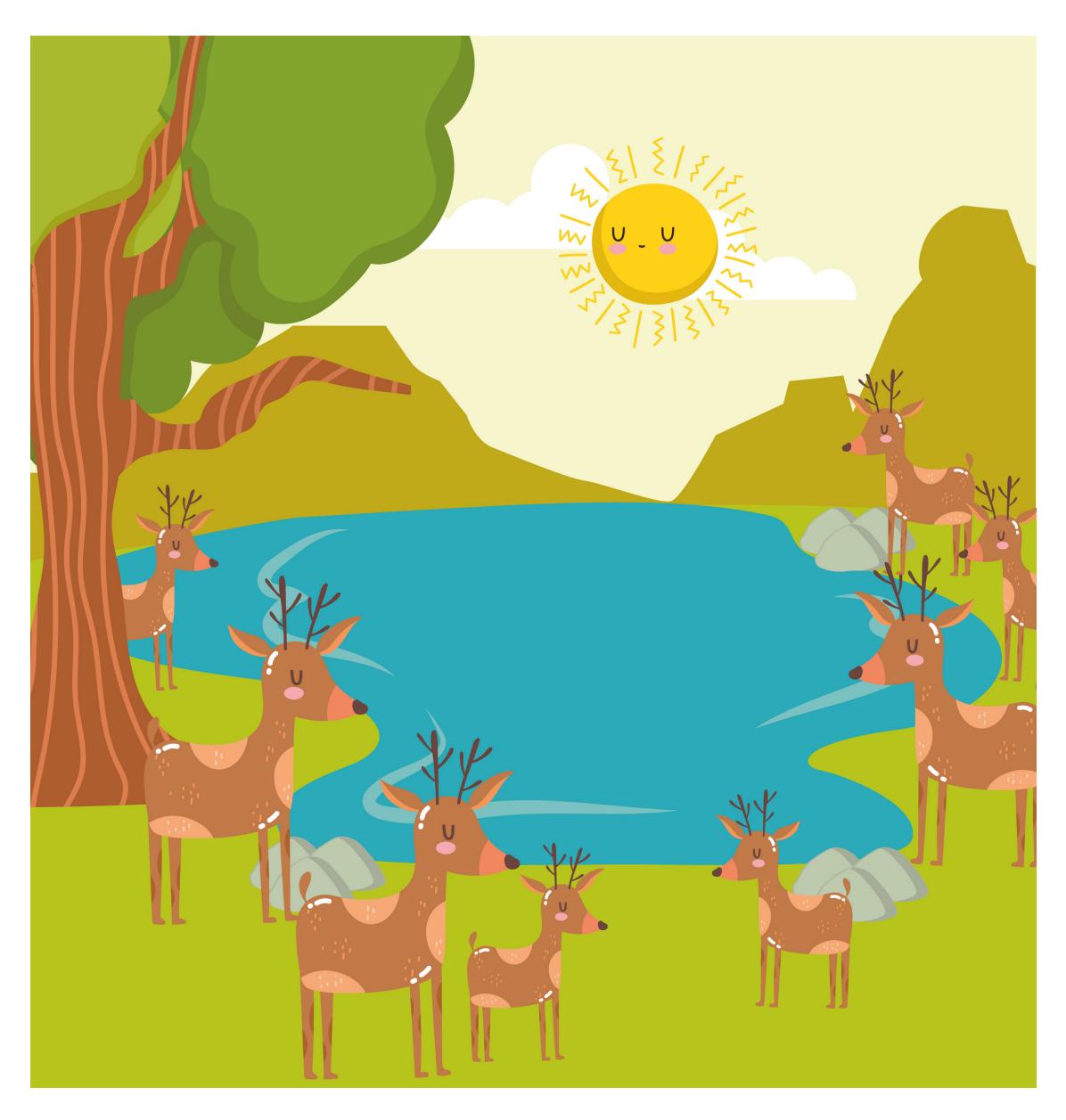


You are nearly halfway through your Lenten journey. What a marvellous achievement!
What has been your experience so far?
Have you enjoyed spending time with Jesus each day in scripture and prayer?
It is an incredible feeling that each time we come into God's Presence, and He fills us with His love, we thirst for Him even more. His perfect love, makes your soul find rest in Him.



Come Holy Spirit

O my soul find rest my soul in God alone. In Isaiah 30:15, The Lord God, the Holy One of Israel, says: "In returning and rest you shall be saved; in quietness and in trust shall be your strength." So I return and rest in God. And I quietly trust in Him. Amen.



Psalm 42:1-2

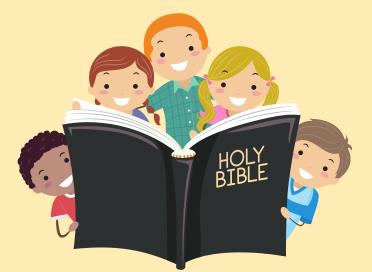
As a deer longs for flowing streams, so my soul longs for you, O God.

My soul thirsts for God,
for the living God.

When shall I come and behold
the face of God?

BLESSED BE GOD!

DAY 21. TUESDAY, 3RD WEEK OF LENT



Forgiveness

Matthew 18:21-22

"Lord, if (someone) sins against me, how often should I forgive? As many as seven times?" Jesus said..., "Not seven times, but, I tell you, seventy-seven times."

Reflection



Learning to forgive can sometimes be difficult. Especially when you've been wronged unjustly, the Lord's command to forgive the person who hurt you can seem like a tall order. When you put your sins and failings and the mercy you have received from God, in context with how others have offended you, and why you should show them mercy, you gradually receive grace to forgive.



Come Holy Spirit

Dear Lord Jesus, as I ponder on Your call to forgive, I confess my unwillingness to do so easily. I feel the pain in my heart for the wrongs done to me.

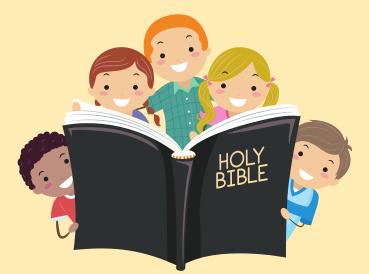
But I do not want to carry this burden anymore.

Today, I forgive all who have offended me.

Come into my heart, and heal all my pain. Amen.

To The LAMB. Lent & Easter Devotional.

DAY 22. WEDNESDAY, 3RD WEEK OF LENT



I will testify

Deuteronomy 4:9

But take care and watch yourselves closely, so as neither to forget the things that your eyes have seen nor to let them slip from your mind all the days of your life; make them known to your children and your children's children.

Reflection



There is power in telling others what God has done in your life. The mercy and love He has shown you. It helps them realise how great God is and it gives glory to God.

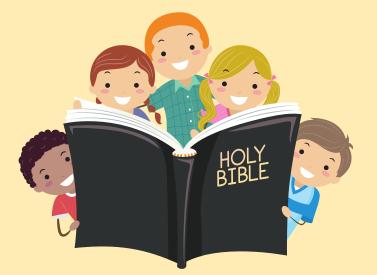
What marvels has the Lord done in your life? Ask your parents to tell you a story of how God showed up for you and your family. And tell others about His wonderful love.



Come Holy Spirit

Dear Lord Jesus, today I pray not to forget Your goodness which my eyes have seen. Nor let them slip from my memory as long as I live. But to teach them to others, to my children and to my children's children. So that I shall be a living temple of Your praise. Amen.

DAY 23. THURSDAY, 3RD WEEK OF LENT



The Finger of God

Luke 11:20

But if it is by the finger of God that I cast out the demons, then the kingdom of God has come to you.

Reflection



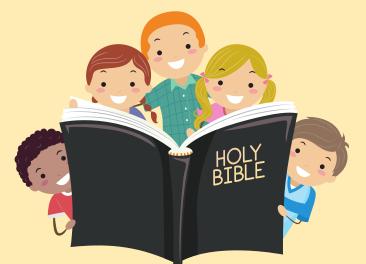
Ponder on the phrase "the finger of God", do you see a finger shining in radiant glory, that is able to perform wonders?

Today, Jesus calls you to reflect on the amazing work of the finger of God. Ephesians 4:8-10, says that "Christ, took captivity captive, and when He ascended into Heaven,... He distributed gifts to men." Christ Jesus through His life, death, and resurrection, defeated the devil. Now, you have the victory over sin and death, by the Blood of Jesus, which He shed on the Cross for you!

Come Holy Spirit

Merciful Lord and Saviour, Jesus, the mystery of Your passion and death, and Your resurrection, surprises me. I am amazed at and grateful for Your love. Your mighty love and finger gave life to me and saved me. My words cannot express my gratitude, but search my heart and be glorified in my love for You. Amen.

DAY 24. FRIDAY, 3RD WEEK OF LENT



Love the Lord your God

Mark 12:29-30

Jesus answered, "The first is, 'Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength."

Reflection



What does it mean, to love the Lord your God...

With all your heart? means as Pope Benedict XVI said, to come "heart to heart" with Jesus.

With all your soul? means to desire only Jesus, as the deer pants for the running waters.

With all your mind? means to have the renewed mind of Christ. So that you do not follow the world's ways, but know and do the will of God, what is good, acceptable, perfect.

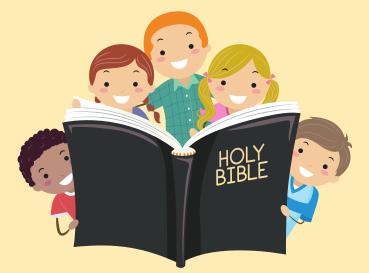
With all your strength? means to serve Him in all your ways, using the talents and the life TOVE WOU! that God has given you in service to Him.

Come Holy Spirit

Lord Jesus, thank You for teaching me the mysteries of our Father's Kingdom. For calling me to love You, and showing me how I can put my love into action. Give me the grace to love You, with all my heart, soul, mind and strength.

Amen.

DAY 25. SATURDAY, 3RD WEEK OF LENT



Be merciful to me

Luke 18:13-14

But the tax collector,... was beating his breast and saying, 'God, be merciful to me, a sinner!' I tell you, this man went down to his home justified...; for all who exalt themselves will be humbled, but all who humble themselves will be exalted.

Reflection



Today we reflect on Jesus' teaching to humble ourselves before Him. We are not to think of ourselves as being "good enough" before God – so that we do not fall into the trap of boasting about our righteousness.

But always recall that it's The Precious Blood of Jesus that saves you and makes you truly holy and worthy before the Father.



Come Holy Spirit

Lord Jesus, for the times I have boasted, in my heart and out loud of my "righteousness", I repent and ask You to be merciful to me a sinner. Wash me with Your Precious Blood. Deliver me from self-righteous attitudes and in Your great love, pour out upon me a spirit of meekness, holiness and humility. Amen.

DAY 26. 4TH SUNDAY OF LENT



Rich in mercy

Ephesians 2:4-5

But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved.

Reflection



We have been saved by the grace of God.

It shows us the depth of God's mercy, that even in our 'deadness' caused by sin, God sent His Only Son to save us.

God has given you the free gift of salvation.

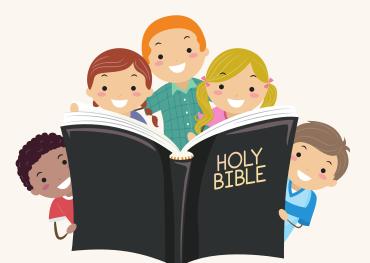
No one can never attain it by their works or actions. Today, accept freely the saving work of Jesus on the cross and in humility walk in newness of life before Him.



Come Holy Spirit

Lord Jesus, as I walk with my heart fixed on You, bless me and my loved ones with all the merits of Your grace As You command, help us to bear fruit, that will abide. For my family, Your Church, Your world and for those who are far from You, I ask You to touch their hearts with Your grace of conversion and repentance. Amen.

DAY 27. MONDAY, 4TH WEEK OF LENT



I will praise You, Lord

Psalm 30:1-4

I will extol you, O Lord, for you have drawn me up.
O Lord my God, I cried to you for help, and you have healed me. O Lord, you ... restored me to life...
Sing praises to the Lord, O you his faithful ones.

Reflection



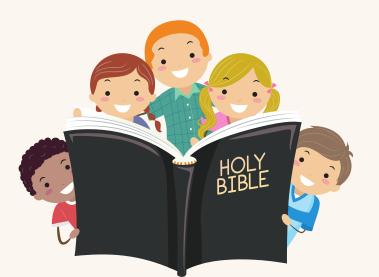
The psalm today is from King David, a man whom the Lord delivered from many dangers. Each time David was in danger, he called to God for help. God was his protection. In return, David, sang songs of praise to God for delivering him. If ever, you feel unsafe or in danger, call out to Jesus to help you and seek the help of a trusted adult or friend. God will protect you and in return, sing praise to Him.



Come Holy Spirit

Merciful Saviour, I rejoice in Your mighty deliverance, which You have demonstrated in my life and my loved ones. I sing praise for Your saving mercies. I praise You, Lord Jesus, because through Your mighty hand and outstretched arm, we have been saved and rescued from going down into the pit. Thank You Jesus. Amen.

DAY 28. TUESDAY, 4TH WEEK OF LENT



Rise and walk

John 5:8-9

Jesus said to him, "Stand up, take your mat and walk." At once the man was made well, and he took up his mat and began to walk.





Jesus is a miracle worker. In today's Gospel, Jesus saw a man who had been lame for 38 years! He was waiting for someone to put him into the healing pool that was in the temple. Jesus commanded him to pick up his mat and walk. At once, the man was healed, and picked up his mat and walked.

Jesus is the Living Temple of God. You too receive God's healing power through the river of life that flows from Christ's pierced side.



Come Holy Spirit

Heavenly Father, I thank You for Your gift of life. Thank You for Your grace and mercy poured out on me through the pierced side of Jesus. I ask that His healing waters flow into every aspect of my life. I pray for my family and friends, Your Church and the world, heal us all Lord we pray. In Jesus Name. Amen.

DAY 29. WEDNESDAY, 4TH WEEK OF LENT



Day of favour

Isaiah 48:8

Thus says the Lord:

In a time of favor I have answered you, on a day of salvation I have helped you.





Be encouraged by God's promise of favour, as revealed in the book of Isaiah.

To be favoured by God is to be given great graces that cannot be described. An example is Mary who was favoured by God to become the Mother of Jesus.

So today, be encouraged by God's assurance that this is your time of favour, when He will answer you, and this is your day of salvation, when He will help you.



Come Holy Spirit

Merciful Lord Jesus, I rejoice in Your promise that this is my time of favour when You answer me; and this is the day of salvation when You help me. Dear God of favour, thank You for perfecting Your promises in my life. I receive Your favour and help today and rejoice in Your goodness, forever. Amen.

DAY 30. THURSDAY, 4TH WEEK OF LENT



John 5:39

You search the scriptures because you think that in them you have eternal life; and it is they that testify on my behalf.

Reflection



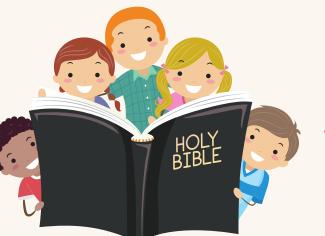
Jesus spoke these words to the Pharisees who were angry with Him for healing a man on the Sabbath day, and for calling God His Father. The Pharisees were scripture experts but they refused to listen to Jesus.

Jesus said that their knowledge of the Scriptures would not benefit them if they didn't believe in Him. He is the fulfillment of all Scriptures. Anyone who wants to be saved, has to listen and obey Him to find life.

Come Holy Spirit

Almighty Father, today I come before You in total surrender to Your Son Jesus. I confess that Jesus alone is the Way, the Truth and the Life. I repent of searching the scriptures but not obeying Your Word. Father in Jesus Name, please forgive me. Cleanse me in the Blood of Your Son Jesus and make me obedient again. Amen.

DAY 31. FRIDAY, 4TH WEEK OF LENT



Searching the Scriptures Wisdom 2:18-20

For if the righteous man is God's child, he will help him, and will deliver him...

Let us test him with insult and torture, so that we may find out how gentle he is, and try his patience. Let us condemn him to a shameful death.





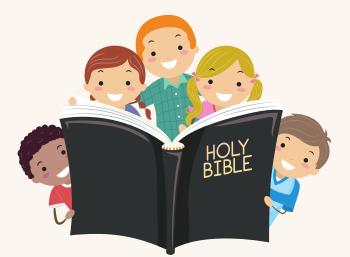
This bible passage is hard to read. It prophesies the plot to kill Jesus, revealing the price of our salvation. Christ suffered and died for you, me, and all people. On the third day, He rose from the dead so that repentance and forgiveness of sins can be preached in His Name.



Come Holy Spirit

Lord Jesus, as I reflect on the plot to kill You, I realise the hardships and suffering You went through for love of me. I see the constant rejection and persecution You endured. Lord, Your humility amazes me and makes me wonder how I can be like You. Fill me with Your love and mercy, and give me sufficient grace, to humble myself, take up my cross and follow You. Thank You Jesus for the grace to live again today with You. Amen.

DAY 32. SATURDAY, 4TH WEEK OF LENT



Confusion about Jesus

John 7:40-43

Some in the crowd said, "This is really the prophet."
Others said, "This is the Messiah." But some asked,
"Surely the Messiah does not come from Galilee,
does he? Has not the scripture said that the Messiah
is descended from David and comes from
Bethlehem, the village where David lived?" So there
was a division in the crowd because of him.





In Jesus' time, people were confused about Him. They knew He lived in Galilee but didn't realise that He was from Bethlehem. Today, people remain confused. We need to accept and preach that Jesus is the Only Begotten Son of God, as He declares. The Father revealed this too at Jesus' Baptism and Transfiguration.



Come Holy Spirit

Heavenly Father, I accept Jesus Christ as Your Only Begotten Son. I love Him with all my heart and want to share with others His truth. Jesus said no one knows the Son, except the Father. Please reveal to me Who Your Son Jesus truly is. I want to see Jesus clearly, love Him dearly, follow Him nearly and give You glory. Amen.

DAY 33. 5TH SUNDAY OF LENT



John 12:27-28

"Now my soul is troubled. And what should I say

—'Father, save me from this hour'? No, it is for this
reason that I have come to this hour. Father, glorify
your name." Then a voice came from heaven, "I have
glorified it, and I will glorify it again."

Reflection



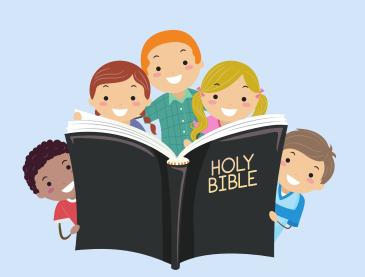
Today is the Sunday before Palm Sunday, and Jesus prays to the Father for His mission which is about to happen. The hour He referred to, was the hour of His suffering and death. He meant that the time had come for Him to suffer and die for the salvation of all the world. As Jesus said, "And I, when I am lifted up from the earth, will draw all people to myself" (John 12: 32).



Come Holy Spirit

Heavenly Father, I affirm that through Jesus' death, I am reconciled to You Most High God. I place myself completely at the service of Your Son, my Lord and Saviour, Jesus. I ask for Your mercy and grace to reject the plans and schemes of the evil one, and embrace the power of Christ's saving work on the Cross. Amen.

DAY 34. MONDAY, 5TH WEEK OF LENT



Sin no more

John 8:10-11

Jesus straightened up and said to her, "Woman, where are they? Has no one condemned you?" She said, "No one, sir." And Jesus said, "Neither do I condemn you. Go your way, and from now on do not sin again."

Reflection



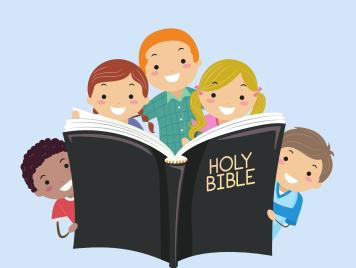
The Lord Jesus showed great mercy to a woman who had committed sin even when others accused her. Rather than accuse her, Jesus chose to forgive her and give her a second chance. He commanded her to "not sin again". Each time you do something wrong, be quick to repent by confessing your wrong doing, asking Jesus to forgive you and make the decision to sin no more.



Come Holy Spirit

Lord Jesus, I am so happy that you forgive me my sins and do not condemn me. I repent of every sin in my life and especially of the bad habits that I have formed. I choose to sin no more. Please give me the grace to run always to You for mercy and overcome temptations to sin. Amen.

DAY 35. TUESDAY, 5TH WEEK OF LENT



I do nothing on my own

John 8:28

So Jesus said, "When you have lifted up the Son of Man, then you will realize that I am he, and that I do nothing on my own, but I speak these things as the Father instructed me."

Reflection



It is incredible to hear Jesus say that He does only what the Father instructs Him. As a child, do you obey the example of Jesus by obeying Your parents instructions? Or do you think that their opinions don't matter. Imagine Jesus Who is God even as an adult, was obedient to His Father. This is the way that leads to life. Obey your parents' good counsel and obey Jesus too.

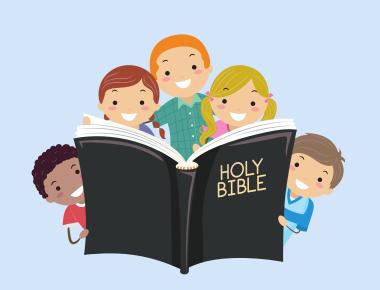


Come Holy Spirit

Lord Jesus, how I pray to be just like You, especially in doing nothing on my own. I often find myself, so quick to act, and so slow to listen and hear what the Father has to say. Lord, I want a tongue like Yours. I want an ear like Yours, that daily wakes up, to hear, to listen as a disciple. An ear that is opened, so that I am not rebellious and always obedient to You. Amen.

To The LAMB. Lent & Easter Devotional.

DAY 36. WEDNESDAY, 5TH WEEK OF LENT





John 8:42

Jesus said to them, "If God were your Father, you would love me, for I came from God and now I am here. I did not come on my own, but he sent me."

Reflection



Ponder on this, you are from God as God is Your Creator and Father. So how do you love Jesus? First, it is the Father's work. He draws your heart and mind into a perfect union with His Son. This is what makes you love Jesus. But staying in love with Jesus means you need to remain close at His side, through daily prayer and reading the Bible to learn more about Him.



Come Holy Spirit

Help me, Father God, to love Jesus, more and more. Renew my heart to understand His great love for me. He says, "as the Father has loved me, so I have loved you". I want to learn from Your Word daily so that Jesus' love can grow in my heart. In Jesus Name. Amen.

DAY 37. THURSDAY, 5TH WEEK OF LENT



Genesis 17:3-5

Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations.

Reflection



God made a promise to Abraham when he had no child, that he would become the father of many nations. At that time, Abraham was 99 years old! Imagine that! Abraham became a father to Isaac (as God had promised him) at 100 years old! And through Jesus' death and resurrection, a multitude of nations have come from Abraham. God always fulfils every promise He makes.



Come Holy Spirit

Heavenly Father, thank You for fulfiling Your promise to Abraham. For nothing is impossible for You to do. As I read the Bible, help me to believe and receive Your promises as mine too. Jesus Christ my Saviour died and rose for me; I receive His blessings by faith. Amen.

DAY 38. FRIDAY, 5TH WEEK OF LENT



The Lord is my strength

Psalm 18:1-2

I love you, O Lord, my strength.

The Lord is my rock, my fortress, and my deliverer,
my God, my rock in whom I take refuge,
my shield, and the horn of my salvation, my stronghold.

Reflection



In this psalm, David praises God for being his strength and delivering from the hands of his enemies. Jesus' Resurrection showed that God has ultimate power and strength. It proved God's incredible power to save all those who trust in Him from the greatest enemy of man, the devil. So believe that Jesus is Your strength and Your deliverer. For He has saved you by the Power of His Cross and His Resurrection.

Come Holy Spirit

Father God, in the Name of Jesus, I thank You for saving me and being my deliverer. Thank You for the Blood of Jesus Christ shed on the Cross of Calvary which has saved my soul from sin and death. I am alive because of Jesus and I will reign with You forever because of His Resurrection. I am so grateful. In Jesus Name. Amen.

DAY 39. SATURDAY, 5TH WEEK OF LENT



Jesus is our Shepherd

John 11:51-52

He did not say this on his own, but being high priest that year he prophesied that Jesus was about to die for the nation, and not for the nation only, but to gather into one the dispersed children of God.

Reflection



In the Old Testament, through the prophet Ezekiel, God promised to send one shepherd who would care for His people.

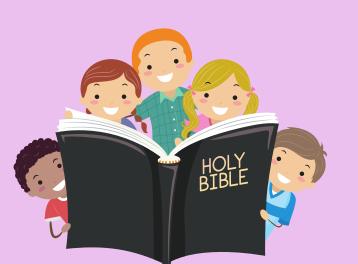
Jesus is the Shepherd Who fulfils this promise that God made. Today's reading talks about this. Through Jesus Christ, the good news of God as our Heavenly Father is being spread to the ends of the earth. Anyone who believes in Jesus, has access to become a child of God.

Come Holy Spirit

Lord Jesus, today I reflect with joy that You are the Good Shepherd. By dying on the Cross, You've gathered us all into the Kingdom of Your Father, Whom we now call 'Our Father'. I am grateful. I rejoice that You are my Shepherd, Who guards and guides me, and therefore, there is nothing I shall want. Amen.



DAY 40. PALM SUNDAY



Hossana to the King



John 12:12-14

The great crowd... heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, shouting, "Hosanna! Blessed is the one who comes in the name of the Lord—the King of Israel!" Jesus found a young donkey and sat on it.

Reflection



"Hosanna! Today as Christians, we boldly rejoice with our waving of palms and proclaim, that Jesus Christ is our King. We reflect on Jesus' Passion and death to win souls to His Father's Kingdom. This is why we celebrate Jesus as our King. As St Paul says, because Jesus humbled Himself to die on the cross, God has highly exalted Him and given Him the name that is above every name (Philippians 2: 10 – 11).

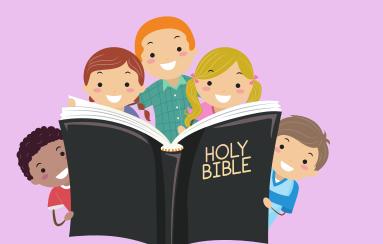


Come Holy Spirit

Lord Jesus, You are the true Son of David, the King of kings and the Lord of lords. You are the Messiah Who frees me. I sing "Hossana" to Your Holy Name. I wave my palms in joyful songs of praise. Blessed are You Who comes in the Name of the Lord. Hosanna in the highest!



DAY 41. MONDAY OF HOLY WEEK



God's chosen servant

Isaiah 42:1,3

Here is my servant, whom I uphold, my chosen, in whom my soul delights;
I have put my spirit upon him; he will bring forth justice to the nations... a bruised reed he will not break, and a dimly burning wick he will not quench.

Reflection



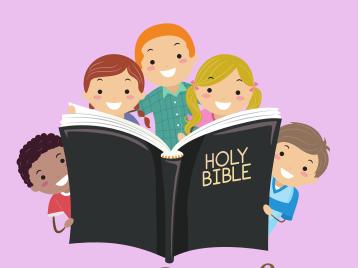
What does the message of Jesus mean to you? You know why He came into this world. But, does it make any difference in your life? How? We see the mission of Christ is to act as God's chosen servant, Who brings hope to us. Do you feel consoled that, "He does not break a bruised reed or quench a dimly burning wick?" This means that Jesus loves us though we are not perfect. So come to Him, just as you are!



Come Holy Spirit

Lord Jesus, I thank You that You love me just as I am. I praise You that as I come to You, You change me to become just as You are. Heal my broken spirit and revive Your fire in my heart. Let me also join in spreading Your message to the nations. Amen.

DAY 42. TUESDAY OF HOLY WEEK



Jesus' glory

John 13:30-31

So, after receiving the piece of bread, he immediately went out. And it was night.

When he had gone out, Jesus said, "Now the Son of Man has been glorified, and God has been glorified in him."

Reflection



When Judas went out to betray Him, Jesus knew what Judas was about to do, and yet did not to stop him. He was sad at Judas' decision, but rather than allow that bad decision to take away His glory, Jesus chose to use that moment to glorify the Father. In acting this way, Jesus turned Judas' betrayal around to work for your good and for the good of all who would believe in Him, trust in Him and obey His message.



Come Holy Spirit

Lord Jesus, You paved the way for God's dominion over sin. I also Lord have offended You many times and You showed me mercy. Forgive me for my bad decisions.

Today, I make the firm resolution to surrender to Your authority for Your glory alone, and for the glory of the Father. Amen.

To The LAMB. Lent & Easter Devotional.



DAY 43. WEDNESDAY OF HOLY WEEK



The Face of Christ



Isaiah 50:6-7

I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord God helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame;

Reflection



God revealed the sufferings of Jesus to the prophet Isaiah, many years before they happened. Today, we see how Jesus was mocked and made fun of, and yet He did not revenge. The Lord of Heaven and Earth was silent when His own creatures mocked Him. Think on this.



Come Holy Spirit

Jesus, thank You for loving me with Your whole heart and not being ashamed to bear insults and shame for love of me. I love You with all my heart. As I enter into the most solemn time of Lent and Easter, give me a still quietness to contemplate Your love for me, and especially today as shown in Your most Holy Face. Amen.



DAY 44. MAUNDY THURSDAY



Exodus 12:3,7-8,11

They are to take a lamb for each family, a lamb for each household. Your lamb shall be without blemish. They shall take some of the blood and put it on the two doorposts and the lintel of the houses in which they eat it. They shall eat the lamb... with unleavened bread and bitter herbs It is the passover of the Lord.

Reflection



As Christians, today we celebrate our Passover – when Christ fulfilled the one foreshadowed in the book of Exodus. At His Last Supper, Jesus instituted the New Covenant in His Body and Blood. He offered His life to us as the Lamb of God who atones for our sins. He is the Lamb without blemish as He was completely sinless.

Come Holy Spirit

Lord Jesus, today I join Your Church to proclaim that You are our Passover Lamb. Thank You for giving us Your Body and Blood. I receive You and ask You to come and make Your home in me and my family, and Your Church. Let us be delivered from sin and walk in Your presence; and let Your Blood protect us from every evil. Amen.

MAUNDY THURSDAY HYMN

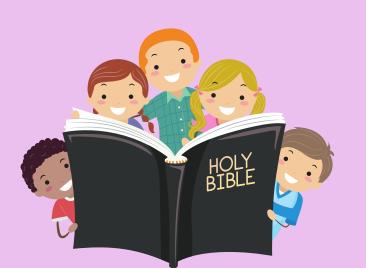


Blessed Lamb! on Calv'ry's mountain
Slain to take our sins away:
Let the drops of that rich fountain
Our tremendous ransom pay:
Sacred Savior! Sacred Savior!
Lowly at Thy feet we pray.

Blessed Lamb! vouchsafe us pardon,
In thy love our souls confide:
By Thy groans within the garden,
By the death which Thou hast died,
Let Thy Passion, let Thy Passion
Ever more with us abide!



DAY 45. GOOD FRIDAY



It is finished



John 19:23,28-30

When the soldiers had crucified Jesus, they took his clothes and divided them into four parts... Jesus knew that all was now finished, he said (in order to fulfill the scripture), "I am thirsty." So they put a sponge full of the wine on a branch of hyssop and held it to his mouth.

When Jesus had received the wine, he said, "It is finished." Then he bowed his head and gave up his spirit.





Silently reflect on our Lord's Passion and Death. Go to Church today if you can. If you can't take part online. Spend time in prayer with the image of your Crucified Saviour before you.

Isaiah 53 says: Jesus was a man of suffering... Yet it was our infirmities that he bore, our sufferings that he endured... But he was pierced for our





Come Holy Spirit

Simply sit and adore Jesus and talk to God from your heart. Ask the Holy Spirit to help you to pray. You can say, "Thank You Lord, Saviour, Messiah, Redeemer. Thank You Jesus."

GOOD FRIDAY HYMN



When I survey

When I survey the wondrous cross on which the Prince of glory died, my richest gain I count but loss, and pour contempt on all my pride.

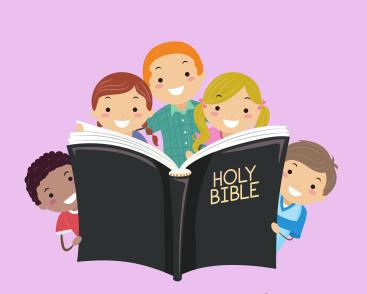
Forbid it, Lord, that I should boast save in the death of Christ, my God! All the vain things that charm me most, I sacrifice them through his blood.

See, from his head, his hands, his feet, sorrow and love flow mingled down. Did e'er such love and sorrow meet, or thorns compose so rich a crown?

Were the whole realm of nature mine, that were a present far too small.

Love so amazing, so divine, demands my soul, my life, my all.

DAY 46. HOLY SATURDAY





Be silent

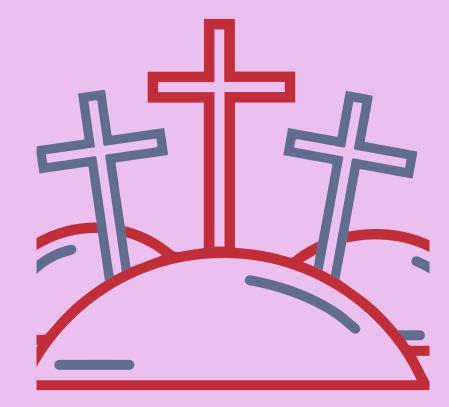
Let the Holy Spirit inspire you with the scripture He wants you to read today.

Reflection



Reflect on the past few days, and your journey so far this Lent.

How have you been changed?



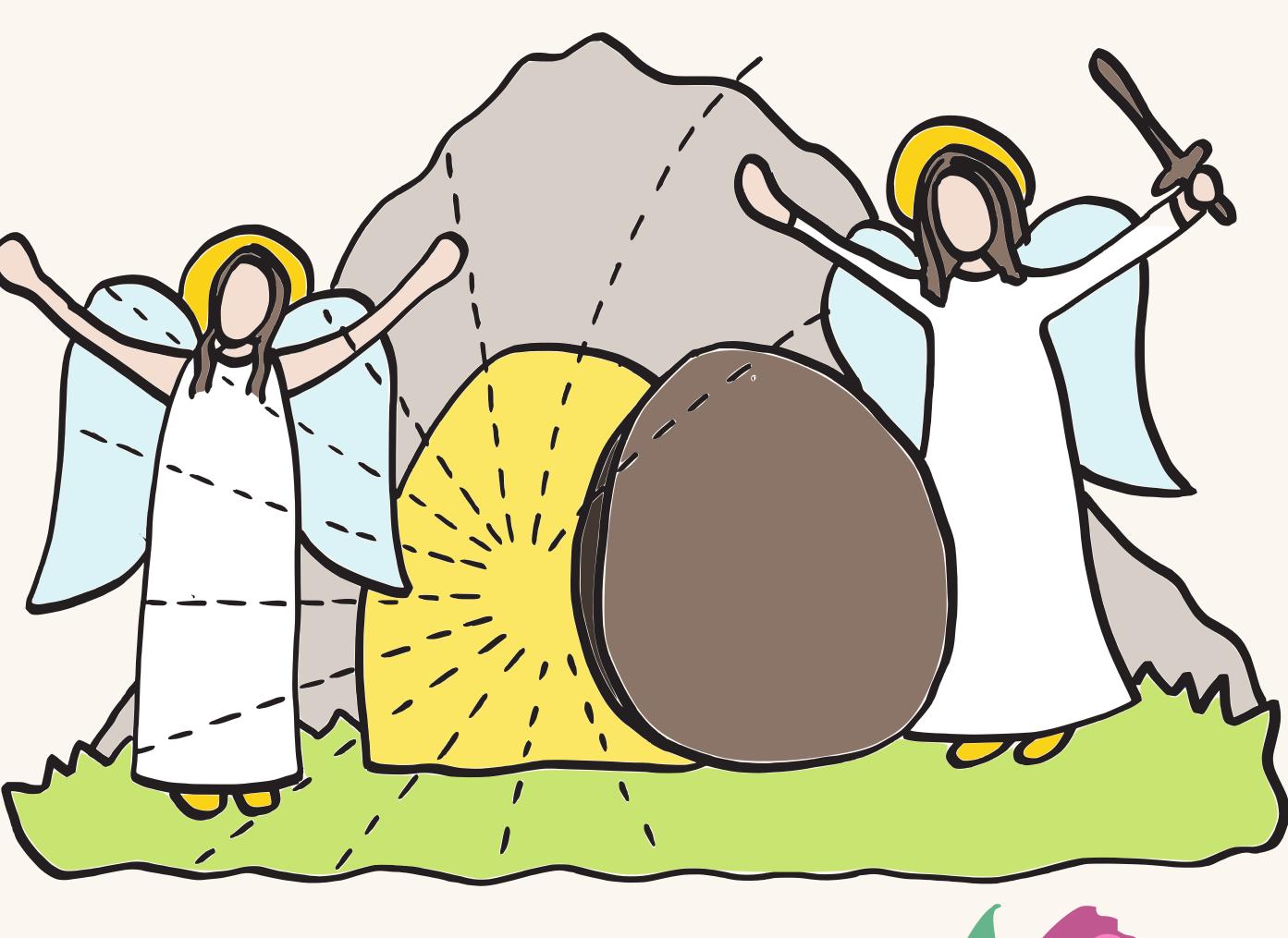


Come Holy Spirit

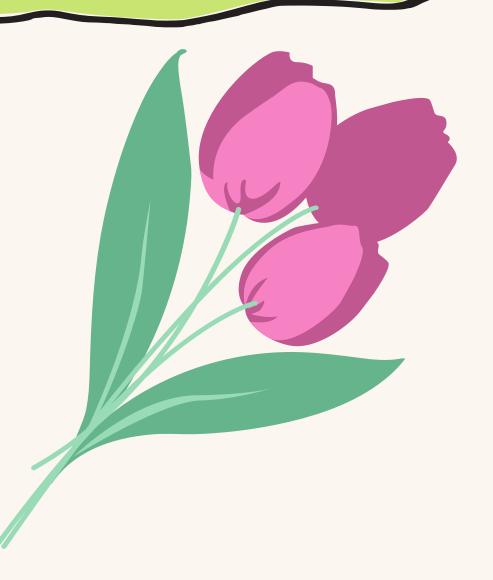
Pray to the Holy Spirit.

Do the prayer called: Stations of the Cross, if you know how to make them.

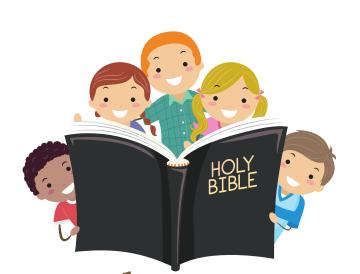
EASTER!!! JESUS IS RISEN!



Alleluialli



EASTER SUNDAY



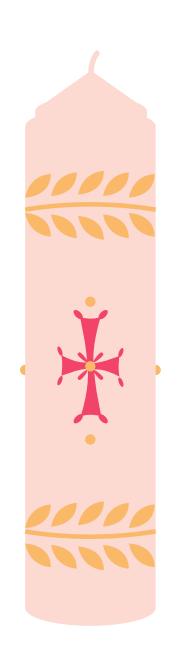
Alleluia! Christ is risen!



Mark 16:5-6

As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, "Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him.

Reflection



The Lord is risen indeed! Alleluia! What a glorious, happy day for us. Our Saviour is risen, just as He promised. For it was impossible for death to hold Him captive (Acts 2: 24), and so on this holiest day of Easter we sing and shout and praise: Alleluia! God has showed His wondrous love for us, throughout time. From redeeming the fall of Adam, to His call to Abraham, through delivering the people of Israel from Egypt, through to the Resurrection of Jesus. What a mighty God we serve!



Come Holy Spirit

Loving Father, today with a heart filled with praise, I celebrate the Resurrection of Your Son, Jesus. Fill me with a new outpouring of Your Spirit, the same Spirit that raised Jesus from the dead! Alleluia.



Jesus Christ is risen today, Alleluia, our triumphant holy day; alleluia, who did once upon the cross; alleluia, suffer to redeem our loss; alleluia!

Hymns of praise then let us sing; Alleluia, unto Christ our heavenly king; alleluia, who endured the cross and grave; alleluia,

sinners to redeem and save: alleluia!

But the pains which he endured; Alleluia, our salvation have procured; alleluia, now above the sky he's King; alleluia, where the angels ever sing: alleluia!



JOHN 3:16



For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

