

Issue No. 15 | October 2022

# AUTUMN

## Tween Holiday

FREE PRE-TEEN GIRLS MAG



Harvest  
Time

Being  
Thankful

Seasonal  
Activities



@tweenholiday

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# What's Inside?



## TWEEN HOLIDAY

Pre-Teen Magazine



Hello from the Crew  
Harvest  
Thanksgiving  
Seasonal Art  
Black Role Models

Bonfire Night  
Autumn Ideas  
Story Quizzes  
in Loving Memory of QEll  
Journey to Advent & Christmas!

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# HAPPY HARVEST: FROM THE CREW

Hello Friends,

Happy Harvest and Thanksgiving!  
Yes - so much to celebrate and give  
thanks for in this Tween Holiday  
Autumn Times, 2022.

Wow! We're almost at the end of the  
year eh? How it's gone so quickly.

This is a good time to reflect then.  
What events in your life this year are  
you thankful for? Write them down  
and give thanks!

Enjoy this issue with articles on

- Harvest & Thanksgiving
- Things to do during Autumn
- Fun and Quizzes on Stories
- Black Role Models (in celebration  
of UK's black history month)
- Movie review

## CREW CONTRIBUTORS

**editor/creative in crew** Linda Unugboke

**crew writers** Cam Cam & Zizi

**guest contributor** Silver

**cover illustration** copyright: Rotitecka





# Harvest

Harvest is an amazing time of year that people love and often give thanks for farmers and the food they provide.

Harvest is a time for people to enjoy meals and give and share with the less fortunate and others. It is a very kind thing to visit friends or local food banks with donations.

Farmers go through countless seasons of toil, sweat and work; working long days that seem very incredible compared to most other jobs.

They wake up very early to look after and feed animals and do farm chores on the fields. They also work late nights just to water crops and give the animals more food and water.

**We owe lots of thanks to farmers and all their hard work so say a "thank you", to them just from you at harvest.**





# Visit a farmer's market



TWEEN HOLIDAY MAGAZINE | ISSUE 15 | OCTOBER 2022

Say "Thank you!"

Celebrate!

Smile and share!

## GRATITUDE IS AN ATTITUDE





~ Let's ~  
**GIVE**  
**THANKS**







Thanksgiving is very important to Americans and their history. It's much like harvest because people often have large meals with their families and give thanks for the food.

Here are a few facts about it.

- It always falls on the fourth Thursday of the year - which this year, 2022, is on the 24th of November.
- Thanksgiving started hundreds of years ago around the 1600s when pilgrims from England came to the USA.
- Many could not survive the harsh winter conditions and by Autumn, there were very little people left.
- The pilgrims and native Americans then signed a peace treaty and after that came together for the first Thanksgiving.







# LEAF ART! BY SILVER


**Autumn is filled with amazing surprises.  
Leaves fall off trees and turn a variety of colours.**

**When I come across leaves, I often think of what I can do to them to  
put them to good use - then I think of: Leaf Art!**

*This is a fun activity and all you need is:*

- Variety of leaves
- Paper
- And seasonal crayons/colouring pencils

## *Steps*

1. Collect leaves
  2. Lay flat on a table
  3. Place paper on top of leaves
  4. Draw visible outlines or colour in the whole page
  5. Admire your result!
- 





SEASONS ARE FULL OF MEMORIES THAT YOU  
CAN EXPRESS THROUGH POETRY.

## SEASONAL POETRY

*by Zizi*

**Autumn is an amazing example as you think of  
golden leaves, pumpkin spice and bonfire night.**

*The poem doesn't have to be long, it should just catch the concept of the season.  
Here's mine.*

OUT WITH GREEN,  
IN WITH RED  
I WATCH THE LEAVES FALLING  
FROM MY BED.  
A KIND BREEZE,  
BLOWS IN THROUGH MY WINDOW  
FRESH ENOUGH TO  
PUT A SMILE ON A WIDOW.  
THAT'S AUTUMN.  
OUT WITH THE SUN,  
IN WITH THE RAIN  
THE COLD NOW STARTS  
ALL OVER AGAIN.



SITTING WITH THE WARMEST  
CUP OF HOT COCOA  
IT'S MUCH BETTER  
TO DRINK IT WHILE ITS HOT THOUGH.  
THAT'S AUTUMN.  
NOW IT'S TIME  
FOR SOMETHING NICE.  
SPRINKLE YOUR CUPPA  
WITH PUMPKIN SPICE.  
FAMILIES SITTING  
WITH WARM DRINKS TOGETHER,  
AS IF HOPING TO STAY WARM FOREVER.  
THAT'S AUTUMN.







There are many heroes and role models to look up to during Black History Month.

There are 3 main heroes that we would like to talk about for Black History Month.

### 1. Harriet Tubman

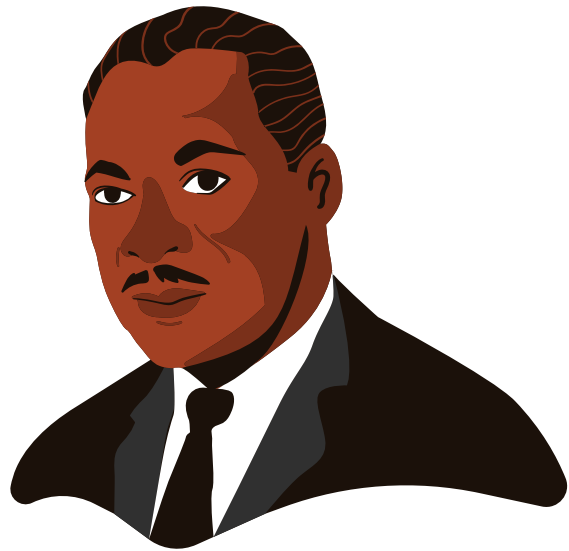
Harriet led black people out of slavery through underground railways. People even call her 'the Moses of her people'.

### 2. Rosa Parks

Rosa Parks stood up for her rights when she did not give up her seat for a white person on a bus and was later put in jail and released the following night.

### 3. Martin Luther King, Jr.

Martin Luther King helped to spread the word about protests and wrote the famous 'I have a dream' speech.





## ROLE MODEL

by Cam Cam

PROLIFIC WRITER, ACTRESS & POET

M  
A  
Y  
A  
  
A  
N  
G  
E  
L  
O  
U

LIFE  
DOESN'T  
FRIGHTEN  
ME

favourite poem

I KNOW WHY  
THE CAGED BIRD  
SINGS

most popular book

Maya Angelou is one of our most treasured writers in recent times. She passed away in 2014 at the age of 86, leaving a wealth of writings that we can all enjoy. She is one of our foremost recent black heroes whom we celebrate at Tween Holiday. I hope this poem inspires you!

Maya Angelou in 1969.

Image copyright from The New York Times (2014 Tribute).  
Chester Higgins, Jr







**MAYA ANGELOU**

# LIFE DOESN'T FRIGTHEN ME

Shadows on the wall  
Noises down the hall  
Life doesn't frighten me at all  
Bad dogs barking loud  
Big ghosts in a cloud  
Life doesn't frighten me at all.

Mean old Mother Goose  
Lions on the loose 😊  
They don't frighten me at all  
Dragons breathing flame  
On my counterpane  
That doesn't frighten me at all.  
I go boo  
Make them shoo  
I make fun  
Way they run  
I won't cry  
So they fly  
I just smile  
They go wild  
Life doesn't frighten me at all.

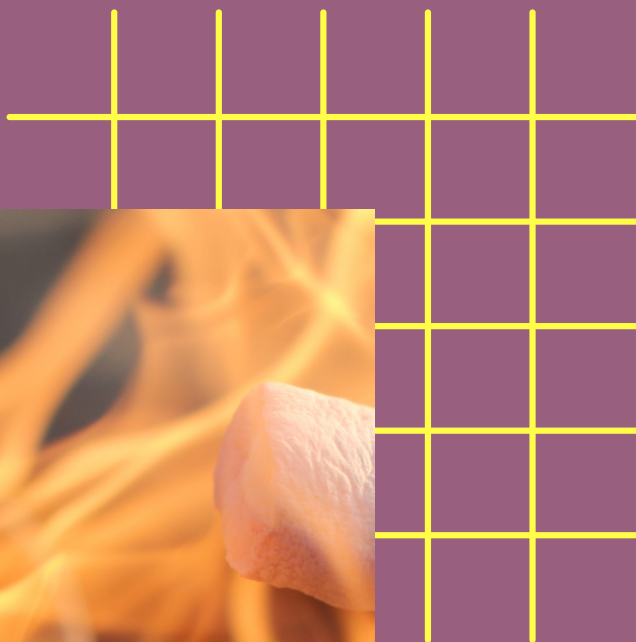
Tough guys in a fight  
All alone at night  
Life doesn't frighten me at all.  
Panthers in the park  
Strangers in the dark  
No, they don't frighten me at all.

That new classroom where  
Boys pull all my hair (Kissy little  
girls With their hair in curls)  
They don't frighten me at all.  
Don't show me frogs and snakes  
And listen for my scream,  
If I'm afraid at all  
It's only in my dreams.  
I've got a magic charm  
That I keep up my sleeve,  
I can walk the ocean floor  
And never have to breathe.  
Life doesn't frighten me at all  
Not at all; Not at all  
Life doesn't frighten me at all.



# *Be Inspired* **BONFIRE NIGHT**

5 Nov 2022



What would you be up to?







*Autumn.*  
*A great time of year to think about.*  
*And an even better one to be in!*

**But some plans may not go as planned due to unexpected delays and interruption in weather such as rain and thunderstorms!**

**But you guys should know not to fret because I always love to share holiday ideas with you!**

**The majority of these are indoor activities so you will probably be able to do most of these in the warmth and comfort of home.**







# Autumn ideas

## TIPS FROM ZIZI

### Drawing

Drawing is actually amazing to calm and relax yourself and if you think you are a bad artist, don't worry! This isn't school where you have the most insanely small time limit! My friend is great at drawing and she said it can take up to 10 hours altogether to get art how you might want it to be!

### Reading

Reading is the OG thing to do when you want to have down time in the olden days and it's still amazing now. Find the right book, and you may be under the covers reading from night until morning!

### Writing

Poems are great to write especially for seasons as there are so many things to write about.

In this issue we've written two poems. Check them out and have a go at creative poetry!

**Try some of Linda Unugboke's books and others from David Walliams and Enid Blyton.**











Spot the **STORY**  
in these pictures.

There are 3 famous stories  
hidden in the clues.

Can you guess what they are?

***Use one or more clues to find  
a story title.***





# Guess The Book!

FILL IN THE BLANKS  
CAN YOU USE THE CLUES TO FILL OUT THE BOOK TITLES?

01

T \_ M \_ A \_ Y E \_

A picket fence is my trademark stamp

02

\_ I \_ \_ I L \_ \_ G \_ T \_ C \_ \_ N \_

Freckled and red, so my temper flares

03

\_ \_ L O \_ Y \_ O \_ \_ R S

My boarding school days have left the  
best memories for years

04

T \_ \_ Y T \_ E D R \_ \_ M \_ \_

My dreams often make my reality

05

R O \_ \_ T E \_ \_ A

I was often up to mischief until chasing  
a ball gave me in

06

\_ E L \_ \_ T E \_ N \_ A \_ B I \_

I learnt from a horse that love never  
grows old



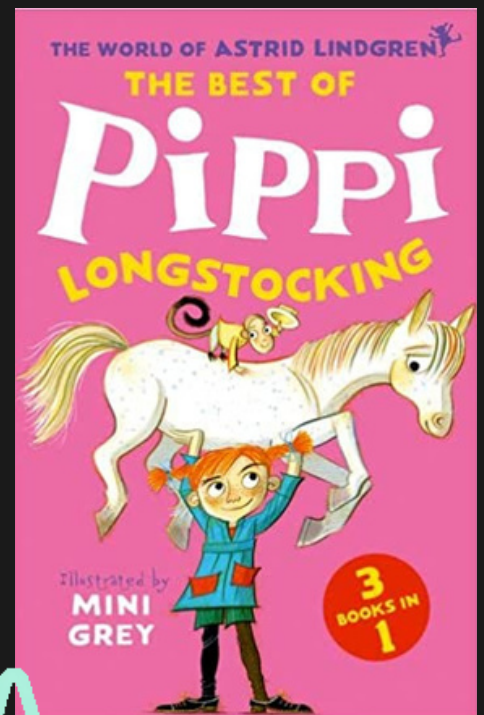
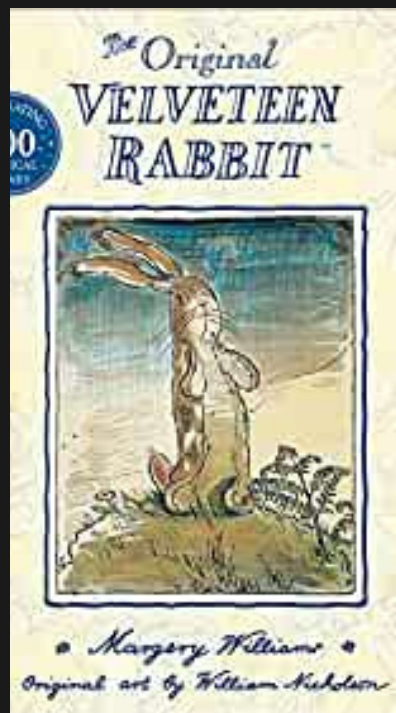
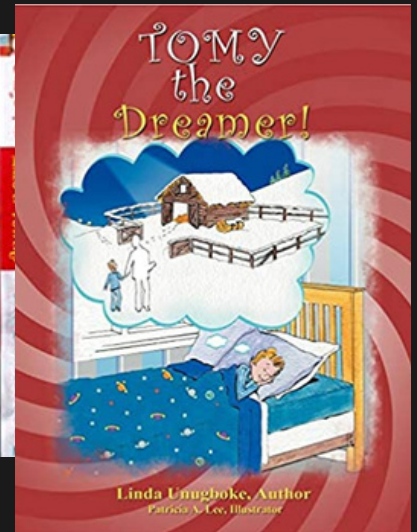
My Favourite

# AUTUMN THINGS





## ANSWERS TO GUESS THE BOOK



## ANSWERS TO SPOT THE STORY and their clues

### Alice in Wonderland

- Alice
- Tea party
- Rabbit with a watch

### The Tiger Who Came To Tea

- Teacups
- Tea party
- Alice stripped tights

### Peter Rabbit

- Rabbit in blue jacket
- Alice down the rabbit hole



MOVIE REVIEW

INSPIRE MUSIC

FROM THE ACADEMY AWARD-NOMINATED SONGWRITERS OF *THE GREATEST SHOWMAN*

# Lyle, Lyle, Crocodile

ONLY AT CINEMAS

IMAGE COPYRIGHT, DISNEY 2021  
MOVIES.DISNEY.COM



## WHAT WE THINK

Lyle isn't just any crocodile; he can sing! His owner Valenti found this surprising when he found him at the back of an exotic pet shop.

Valenti tried to show the country Lyle's glory by entering him in a talent show but he got stage fright.

Valenti could no longer keep his house and left Lyle to fend for himself.

A family later moved into the house and discovered Lyle.

by Zizi



The family get used to life with him, singing and dancing together.

But Mr Grouch, their downstairs neighbour, finds the noise distracting and threatens Lyle.

Will Lyle be able to overcome the odds and live happily ever after?

Lyle, Lyle, Crocodile is an amazing movie full of singing and dancing, laughter and fun.

## RATING

**I rate Lyle, Lyle, Crocodile**  
**4 STARS**

It teaches people that even though you don't usually overcome fears straight away, over time, you'll be able to try again when you're up for it.

**AVAILABLE TO WATCH IN CINEMAS.**







“  
Thanksgiving  
Harvest  
Kindness  
Joyfulness  
”

**Your keywords for these Autumn Times.**





# OUR MAJESTIC MONARCH

*By Zizi*

Our Majestic Monarch  
Our dear Queen,  
Our Majesty.  
The ruler who ruled majestically.  
It truly is  
A blessing to see,  
Our Majestic Monarch

On the throne for 70 years,  
Overcoming our country's fears.  
Bringing the Commonwealth  
together,  
Once a nation  
Always and forever.  
Our Majestic Monarch

Cool and collected,  
Deeply respected.  
Understanding and kind,  
All these attitudes you can find  
In Our Majestic Monarch

Our dear ruler,  
We loved you from the start.  
Rest in peace,  
Beloved Queen,  
Forever in our hearts

**IN LOVING MEMORY OF  
HER MAJESTY, QUEEN ELIZABETH II  
(21 APRIL 1926 – 8 SEPTEMBER 2022)**





# JOURNEY TO ADVENT AND CHRISTMAS

**THE NEXT ISSUE IS ALL ABOUT  
CHRISTMAS!**

**BUT HEY, DID YOU KNOW THAT  
ADVENT COMES FIRST?**

While Christmas is absolutely our favourite time of the year, we also think it is a great time to stop and reflect on the year's blessings.

Here are some things we like to do.

## ADVENT CALENDAR

Having a calendar for advent makes you connect with the story of Christmas. We usually have a Nativity Advent Calendar as it's full of gorgeous images of baby Jesus, Mary, Joseph, the shepherds, angels, wise men, we could go on...😊

## CANDLELIGHT

Lighting a candle is probably what you won't do on your own, but you can ask your parents to help. There are gorgeous aromas this season.

## PRAYER & REFLECTION

This is our most important to do! Reflecting on the Nativity, singing Carols and just having a great experience is our best way of preparing for the season.

## GENEROSITY

It is definitely the season of giving. But above presents the greatest gift of all is LOVE. This is the true gift that we celebrate during Christmas. So remember to share the love by being kind to others.

## CAM CAM AND ZIZI'S PREPARATION LIST







# Taking care of me

## 3 ESCAPIST THERAPIES

Make the most of your half term with a good routine before the winter sets in.

This would help you adjust to the early dark mornings and dark evenings.

Here are a few tips.

### GOOD FOOD

- Hot meals or drinks are so comforting this season.  
Milk is always our recommended drink as it's packed full of calcium, protein and vitamins that you need to start in top form.

### GOOD SLEEP

- Try an early sleep routine maybe by going to bed half an hour earlier than you did during the summer.  
This can help to ensure that you're well rested and even when the morning comes and is still dark, you've got the energy to get up!

### GOOD LAUGH

- Watch a funny movie.  
Lyle, Lyle, Crocodile is our recommendation for the cinema.  
Or you can watch other programs like Man Vs Bee on Netflix!



# YOU'RE INVITED

Join our brand crew.

Tween Holiday celebrates amazingness in pre-teen girls! *PS: Boys enjoy it too!*

Available in print and online, we cherish holiday good times with:  
*Fun, Family, Friends, Food, Fiesta, Faith!*

We're looking for

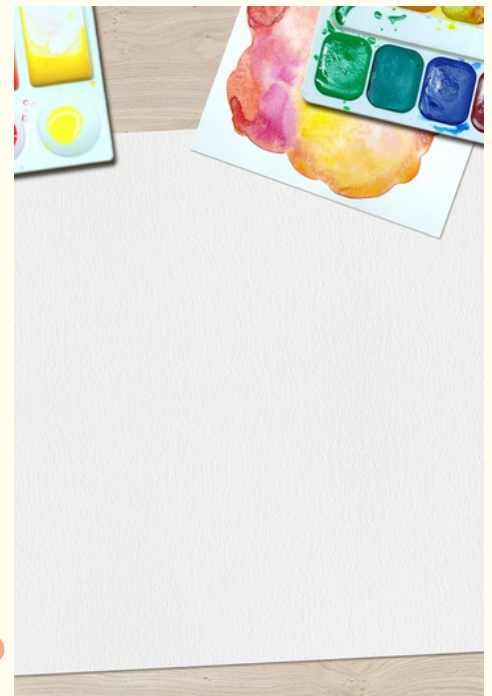
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Summer Half-Term (May/June)  
Summer Holiday (Aug)  
Autumn Half Term (Oct/Nov)  
Christmas Special Edition (Dec)

Galaxy







*See you  
next time!*



**@tweenholiday**

A pre-teen girls magazine to enjoy during the half-term and school holidays.  
We celebrate ethnic diversity, family, fun, faith, food, fiesta and friendships.  
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